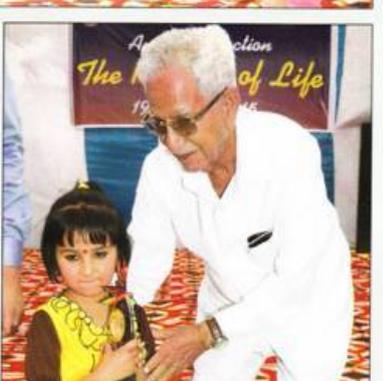
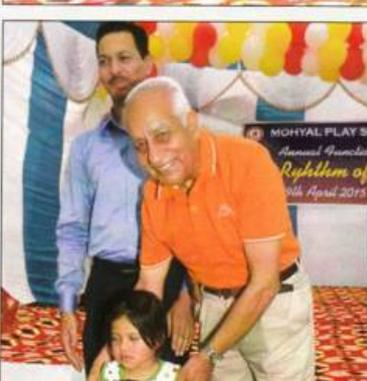
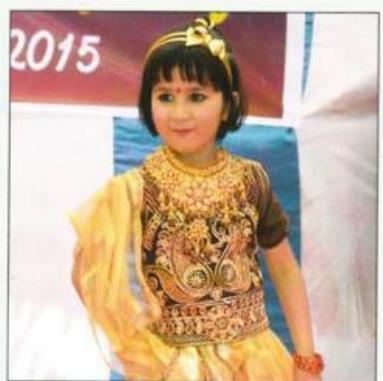




Mohyal Mitter

ANNUAL FUNCTION MOHYAL PLAY SCHOOL HARIDWAR 19 April 2015 Rzd B D Bali was the Chief Guest

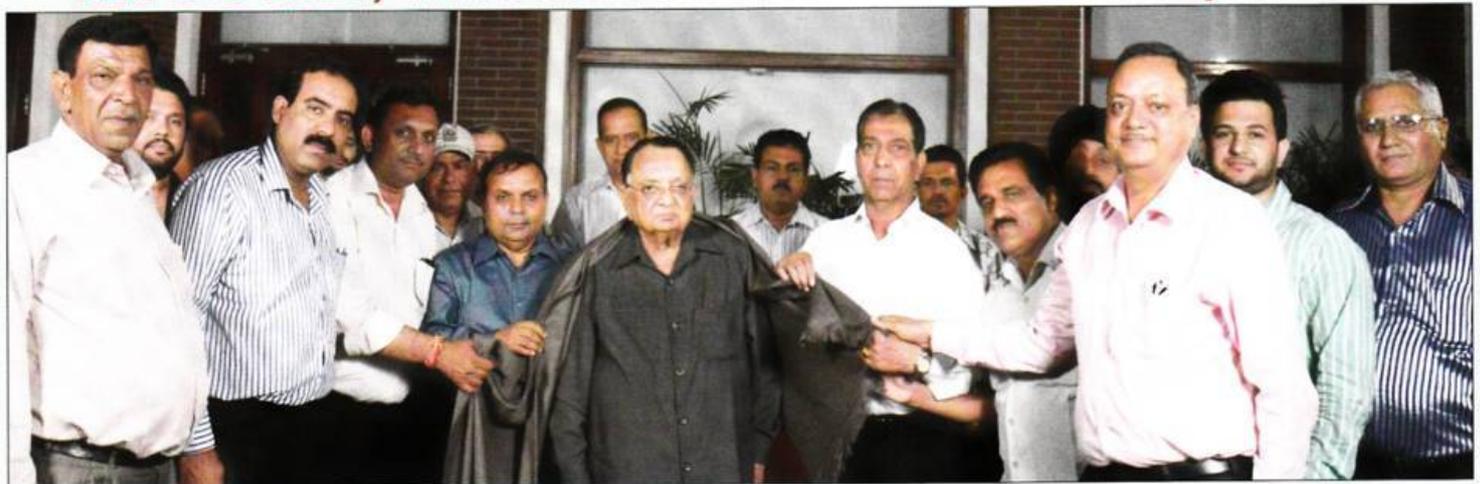


MOHYAL MELA, MOHYAL SABHA LUDHIANA 5 April 2015

Rzd B D Bali, President GMS was the Chief Guest



Rzd B D BALI, WITH MOHYAL SABHA KHANNA 4 April 2015





Mohyal Mitter

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GMS MANAGING COMMITTEE MINUTES OF THE MEETING

Date : 12 April 2015
Venue : Mohyal Foundation, New Delhi
In Chair : Rzd B.D Bali, President

After the Mohyal Prayer, Shri D V Mohan, Secretary General welcomed the members and proceeded to conduct the business of the House.

Sad News: The House stood up and observed two minutes silence in memory of the following members of our Biradri, who left for their Heavenly abode and left us heart broken.

- (a) Smt Asha Datta wife of Col (Dr) Raj Kumar Datta of Chandigarh on 13 March 2015.
- (b) Smt Satyawati Vaid wife of late Rzd Surinder Nath Vaid of Panchkula on 2 March 2015.
- (c) Smt Manju Chhibber wife of Shri Vipin Chhibber of Jagadhari on 2 March 2015.
- (d) Lt Col Raveeish Vaid of Janakpuri New Delhi on 25 March 2015.
- (e) Shri Satish Bakshi son of Shri Jagmohan Bakshi of Badodara Gujrat on 30 Jan 2015.
- (f) Smt Kaushalya Devi Bali wife of late Shri Sukhraj Bali of Darwin Australia on 21 Feb 2015.
- (g) Shri Brij Mohan Vaid son of late Shri Suraj Prakash Vaid of village Nurpur Yamuna Nagar on 19 Feb 2015
- (h) Shri Chandra Prakash Mohan son of late Mehta Salig Ram Mohan of Delhi on 14 Feb 2015.
- (i) Shri Madan Mohan Vaid son of late Dr. Shiv Ram Vaid of Delhi on 17 Feb 2015.
- (j) Shri Inderpal Chhibber son of late Shri Chaman Lal Chhibber of Yamuna Nagar on 4 Feb 2015.
- (k) Smt Omvati Mohan wife of late Shri Kripal Singh Mohan of Panchkula on 20 Feb 2015.
- (l) Smt Saroj Bala Chhibber wife of Bhai Ramesh Chander Chhibber of village Dera Salimpur Dist. Ambala on 15 Feb 2015.
- (m) Shri Ramesh Chander Chhibber son of Bhai Ram Nath Chhibber of village Dera Salimpur, Ambala on 10 Feb 2015.
- (n) Ch Virender Kumar Dutta son of Shri Bihari Lal Dutta of Dehradun on 15 Feb 2015.
- (o) Shri Braham Dutt of Jalandhar on 15 Feb 2015.
- (p) Mehta K K Bali son of late Mehta Budhi Chand Bali of Vikarn Nagar, Ferozeshah Kotla, Delhi on 3 April 2015.

Confirmation of Minutes: Minutes of the Managing Committee meeting held on 08 March 2015 were read out by Shri D V Mohan and were passed unanimously.

Presentation of Accounts: Since Shri Sushil Kumar Chhibber had an eye surgery, Shri K.G. Mohan, Jt. Secretary Finance, gave details of Statement of Receipts and Payments for the month of February 2015, which were also passed unanimously.

Appointment of Vice President: The House approved and applauded the appointment of Lt Gen G L Bakshi, PVSM as Vice President of GMS to fill an existing vacancy. Gen Bakshi said he was very grateful for this honour and he will do his best to serve the community.

Sabha News: (a) Mohyal Community Centre Yamuna Nagar Plans for construction of Mohyal Community Center at Yamuna Nagar have been approved by the Local Municipal Authorities. Approx Rs 2 crores are required to built the same. Merit will set up its branch on the first floor for imparting training to our youth. This will be very useful for our community which has a strong presence in that area. Rzd B D Bali appealed to the community to come forward with their donations and be part of this project.

(b) J&K Mohyal Sabha Jammu is organizing Mohyal Milan Samaroh on Sunday 19 April 2015. It was decided that Shri Ramesh Datta President MS Faridabad, and Sh. Vipin Mohan, President MS Yamuna Nagar will attend the function as representatives of GMS.

Langar Fund Donations Mohyal Ashram Haridwar

| | |
|----------------------------------|------|
| (a) Reported at the last meeting | 1672 |
| (b) Received during the month | 8 |
| (c) Progressive total | 1680 |

Langar Fund Donations Mohyal Ashram Vrindavan

| | |
|-------------------------------|-----|
| (a) Reported at last meeting | 413 |
| (b) Received during the month | 1 |
| (c) Progressive total | 414 |

On the Spot Donations: A sum of Rs 41256/- was received. Since the money received is being accounted for under various heads, we propose to discontinue mentioning it as on the spot donation.

GMS Life Members: The House approved grant of Life Membership of GMS to four applicants, as recommended by the Membership Committee.

Birthdays and Marriage Anniversaries: The House conveyed its Best Wishes to all members and their anniversary in the month of April 2015.

The following Resolution for opening of Bank Account with PNB Shantikunj Haridwar with Internet Banking Facilities was adopted:

Resolution: Resolved, in the meeting of the Managing Committee of General Mohyal Sabha (Regd.) held on April 12 2015, that one Saving Bank Account may be opened with the Punjab National Bank- Shantikunj, Haridwar, in the name of General Mohyal Sabha (Regd.) for operating Mohyal Ashram, Haridwar Accounts, with internet banking facilities, as per the following details:

To be operated by:

- (i) President GMS
- (ii) Secretary General GMS and
- (iii) Secretary Finance GMS

Any two of them can sign on behalf of the GMS with the signature of the President GMS being mandatory.

Speedy Recovery: Shri P L Mehta member GMS Election Committee had to be hospitalized due to blood clot in the head but is now out of danger and progressing well. Maj Gen K K Bakshi who had undergone angioplasty operation is better and is present with us today. The House wishes them best of health.

OPEN FORUM

(a) **Community Projects:** Rzd B D Bali said that the MC members were our Ambassadors who are to ensure implementation of various community beneficial projects ie youth empowerment, identification & education of needy children were non starters so far and various initiatives in this respect were discussed for implementation.

(b) **Non delivery of Mohyal Mitter:** Non delivery of Mohyal Mitter to members was a matter of great concern. Fool proof method of delivery should be found immediately.

(c) **Interaction with the Community:** Various suggestions were received. Youth and the local Sabhas need to be more active.

Rzd B D Bali constituted a Steering Committee consisting of the following members to study the present working of the GMS Committees and suggest remedial measures and also review all existing policies and projects of the GMS.

Committee: Lt Gen G L Bakshi, PVSM (Convener), Shri P K Dutta, Shri Vinod Dutt, Shri K K Bali, Shri Yogesh Mehta and Lt Col L R Vaid (Secretary).

Rzd B D Bali was happy to receive a delegation headed by Shri Shyam Sunder Dutta, President MS Gurgaon. Mohyal Sabha Gurgaon honoured Rzd B D Bali by presenting him a *Shawl* and a Memento & took his blessings. Rzd B D Bali promised to visit the Sabha soon, when requested by the members to pay a visit to Gurgaon.

The meeting ended with a vote of thanks to the Chair and recitation of *Shanti Path*. This was followed by lunch hosted by Shri P K Datta on the occasion of birthday of his lady wife Smt. Prabha Datta which falls on 26 Apr 2015.

GMS MANAGING COMMITTEE MEETING

**On Sunday 10th May, 2015 at 11.30 A.M.
at MOHYAL FOUNDATION**

**A-9, Qutab Institutional Area, U.S.O. Road,
Jeet Singh Marg, New Delhi-110 067**

**Phones :
26560456, 26561504
Mob: 9899369603**

**D.V. Mohan
Secretary General**

GREETINGS

■ The 3rd birthday of **Master Gohaan Mehta** son of Smt. Priyahica Mehta & Shri Vaibhav Mehta & grandson of Shri Ashwani Mehta and Smt. Chander Bala Bhimwal, Malibu Towne Gurgaon and *Dhota* of



Smt. Supriya Datta & Shri Sunil Datta was celebrated on 28th Dec 2014 with great *Maa-Ki-Choki*.

On this happy occasion his paternal grand parents donated Rs.1100/- to GMS Education Fund.

■ The 4th birthday of **Master Sahil Sud** son of Smt. Karuna Dutta Sud & Dr. Ashish Sud of Chicago, USA was celebrated on 20th April 2015.



On this happy occasion, her maternal grandfather Shri Yash Dutta of Canada son of late Mehta Hukam Chand Dutta & late Smt Lajwanti Dutta donated Rs.1100/- to MS Ambala City for addition to "Ashwani Datta Memorial Trust" & Rs. 251/- to GMS.

■ 91st birthday of **Smt. Shakuntla Mohan** wife of Mehta O.P. Mohan, Sr. Vice President GMS, was celebrated on 21st March 2015 at



their residence in Faridabad with the family members. Son Ajay and daughter-in-law Nilima Mohan brought the cake and cut in the presence of friends and family members. Smt. Shakuntla Mohan alongwith family members went to Tau Devi Lal Vridh Ashram and distributed fruits to the inmates of the Ashram. Messages and good wishes were received from relations and friends from India and abroad. On this happy occasion Shri O.P Mohan donated Rs.901/- to the GMS Education Fund.

■ Birthday of **Shri Sunil Dutta** of New Rajinder Naggar, New Delhi was celebrated on 5th April 2015. On this happy occasion his family



members, relatives and friends prayed for his long life. Noted Film Producer Shri Prakash Jha of Mumbai congratulated him on this joyous occasion.



■ **Dr. Mamta Dutt, Capt Gaurav Dutt & Smt Kamlesh Mehta (Datta)**, celebrated their birthdays on 29th March, 2nd April & 7th April 2015. To commemorate their birthdays, Gp Capt DC Mehta donated Rs. 1000/- to the GMS and also added Rs.2000/- to Mehta Ramchander, Nardev & Durgawati Trust.

New Blossoms

■ Akshadha Dutt daughter of Capt Gaurav Dutt & Dr.



Mamta Dutt, is joined by her grandparents Smt. Kamlesh/ Gp Capt DC Mehta (Dadiji/ Dadaji) & Smt. Sudesh/Cdr. PN Vaid (Naniji & Nanaji) of Navi Mumbai is pleased to announce the arrival of her kid sister (bundle of joy) **Aradhana Dutt** on 29th March 2015 at Delhi. To commemorate, Aradhana joining Dutt family, Akshadha & her Dadiji (Kamlesh), donated Rs.5000/- to the GMS, to be added to "Mehta Ramchander, Nardev & Durgawati Trust".

■ 22nd Feb. 2015 is a memorable day for Vaid Family. Shri Gaurav Vaid and Smt. Shweta Vaid have been blessed with a baby boy, **Chiraag Vaid**. He's the grandson of Shri N.K Vaid and Smt. Madhu Vaid B-2/ 2135 Vasant Kunj, New Delhi. A small get-together was organized on 14th March 2015 at Vasant Vihar Club to bless the sweet baby. On this auspicious occasion the grand parents of Chiraag donated Rs.1100/- to GMS Education Fund.

ANNUAL FUNCTION AT MOHYAL PLAY SCHOOL, HARIDWAR

Annual function of Mohyal Play School was held on 19th April '15. Sh. Girish Mohan *Convenor* of Mohyal Play School welcomed the Chief Guest Rzd B D Bali ji, President of General Mohyal Sabha New Delhi and other Managing Committee Members by garlanding them. Sh. Girish Mohan gave brief introduction of Rzd B D Bali ji and his contribution to the Community. The Programme started by Saraswati Vandana by Vaishnavi, Nidhi, Tamanna and Ritika. Nayana Mohan little angel performed solo dance on the song I Am BARBIE GIRL which very much appreciated by the parents. Then children of playgroup performed the song jaadoooo... which was awesome. This performance touched the hearts of Parents and guests. After this Solo Dance was performed by Nidhi which was also liked by the parents. The function was followed by the group dance by nursery kids on the song SABSE AAGE HONGE HINDUSTANI. The dance session was followed by Prize distribution. Childrens were categorized in 5 categories Punctual, Intelligent, Confident, Social and Hygeinic. Rzd B D Baliji gave prizes to Intelligent category children's. Sh. B.L. Chibberji gave prizes to confident category, Sh. G.L. Bakshiji gave prizes to Punctual category, Sh. Ashok Luv ji gave prizes to social category and Sh. O.P. Mohan ji to Hygienic category. Sh. Girish Mohan ji had sponsored all the prizes on the occasion of Birthday of his daughter. Sh. Vinod Khanna ji gave prizes to the mothers Mrs. Divya Bansal & Mrs. Sangeeta Ranakoti who helped the teachers on the Annual Day. Vote of thanks was given by Sh. Girish Mohan ji (*Convenor*).

Nayana Mohan the little Barbie girl celebrated her birthday by cutting cake. Sh. Girish Mohan Father of Nayana distributed gifts to the kids on this occasion.

Rzd B D Bali ji and all the members of Managing Committee complimented Nayana Mohan & gave their blessings to the child. Parents of children Mrs. Leena Arora, Mrs. Divya Gupta, Mrs. Bajaj and Mrs. Supriya Arora gave their feedback and appreciated the efforts of teachers and activities conducted by Mohyal Play School. Rzd B D Bali ji was very much touched by this and was very happy and announced that we will soon purchase school van for children and also announced to extend the school up to 5th class in phases. He also announced cash amount of Rs. 5000/- for party for children and teachers for their good performance. The function was followed by delicious lunch and Ice-cream party.

Shubhangi Bishnoi, Counselor

Pramila Vaid, Gurgaon

Humility is the virtue of the cultured.....It is but human to make mistakes, to fall a prey to some temptation, to get enchanted by some false emotion, or to get carried away with a wrong intention. But how soon can one regain one's original goodness measures one's spiritual poise acquired. Fall as often as you must, but don't lie down where you have fallen! Be like a rubber ball; rebound and reach again the summits from which you had fallen.

— Swami Chinmayananda

ESSENCE OF BHAGAVAD GITA-2

1. Introduction:

Those who begin to question, why they are suffering or where they come from and where they shall go after death are proper students for understanding Bhagavad-Gita. You may have a capacity to continue asking but the world does not have the capacity to respond to your desires at the same rate, which results in unhappiness. Let us understand and define the word-Problem.

2. Problem:

The word problem should fulfill three criteria's

- (a) Is common to all
- (b) Nobody wants it
- (c) Nobody can avoid

3. Real Problems of Life

- (a) **Death:** It is extremely painful and the dying person experiences a pain that is equivalent to 40,000 scorpions biting simultaneously. Death is inevitable.
- (b) **Old Age:** Time does not spare anybody and all of us have to face old age related problems.
- (c) **Disease:** We cannot eradicate all diseases and have to bear with it.
- (d) **Birth:** It is an extremely painful experience for the living entity. Fetus lies cramped within the darkness of the womb. Child passes stool and urine in the same packet. Such is the misery of birth.

4. What should be done:

We must perceive the evils of birth, old age, disease and death and find out a permanent solution for them. We are all spending time to preserve life, belongings, family, job, reputation etc. But the world we live in, takes away all eventually. The ultimate goal of life is to purify one's heart and not to get entangled in worldly affairs. Chanting the Lord's holy name is the actual way of giving food to the soul, which is indestructible. The soul in order to satisfy its unfulfilled desires leaves the material body at death and acquires a new material body depending on its karma. God is the source of everything and has the key to release us from this world of sufferings and take us beyond to the world of everlasting bliss.

VISIT OF MOHYAL RATTAN RZD B D BALI, PRESIDENT, GMS, NEW DELHI TO MOHYAL SABHA, KHANNA

DURING the course of journey of Mohyal Rattan Rzd B D Bali, President, GMS from New Delhi to Ludhiana in the evening of 4th April, 2015, he favoured Mohyal Sabha,



Khanna by consenting for night halt at Khanna. He was received & welcomed by the members of Mohyal Sabha, Khanna at the residence of Shri Vinod Kumar Dutt, President of local Sabha. The notable members present alongwith their families were Sh. Rajiv Rai Mehta, Secretary, Shri G.K. Mehta, Advocate, Shri Sanjeev Dutta, Youth President, Shri Vinod Mehta,

EO (Retd.), Shri Promod Mehta, Shri Sunil Dutt Vaid, Shri Rajpal Vaid, Shri Vijay Bali, Cashier, Shri Vinod Kumar Chhibber, GM, Shri Shivalya Mehta, an Officer in Bank of India, Shri Rajan Chhibber, Shri Vinod Dutt, Photographer, Shri Bicku Bali and Smt. Shanti Aunti. At this moment Shri Vicky Mehta, the newly elected President of Municipal Council, Khanna, Shri Ravi Dutt Bali, Chief Manager of Oriental Bank of Commerce and Smt. Rajni Dutta, Sarpanch of Ajnali Village (**Winner with highest vote margin in Punjab**) alongwith her husband Shri Sanjeev Dutta also arrived. They were also honoured by all members and thereafter introduced to Rzd B D Bali, GMS President.

After enjoying tea & snacks in a get-together sitting, he preferred to interact with every member & his/her family. Almost for an hour the get-together function converted into a home-function, thanks to the reflection of oneness in the elderly behavior & generosity of Chief Guest. Indeed at this juncture all participants felt a **thrill of joy**.

The last session of halt of Chief Guest was spent by his active participation in a friendly cricket in the morning of 5th April, 2015. He rather preferred to answer successfully 3-4 awesome bowlings at this age. The onlookers were very happy to feel the re-generation of a “Youth” in GMS President. He narrated the benefits of sports and inspired the participants, particularly the members of Mohyal Youth Sabha to actively associate with the sports in life.

The brief halt of Rzd B D Bali, President GMS was acclaimed by everyone with loud slogans of **Jai Mohyal**. He was given a warm & prayerful **send-off** with wishes of “**Best of Journey**”. One can see his visit to Khanna on YouTube

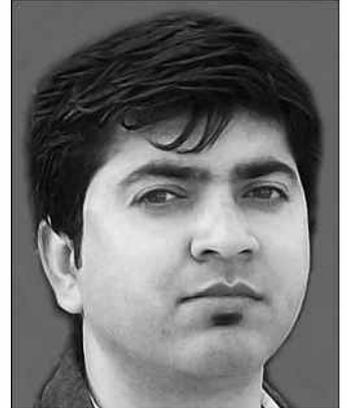
<https://www.youtube.com/watch?v=6fbRw26I37s> filmed by Sh. Rajan Chhibber.

*Rajiv Rai Mehta, Secretary,
Mohyal Sabha, Khanna*

Rare Honour Bestowed Upon a Mohyal of Rajouri (J&K)

It is indeed a matter of great pleasure and pride for GMS, New Delhi in general and Mohyal Sabha of J&K in particular to inform that Rzd Shavish Vaid s/o Smt Kamlesh Vaid and Rzd. Sushil Vaid, r/

o Jawhar Nagar, Rajouri has declared qualified for the Award of the Degree of Philosophy (Ph.D) in zoology by Baba Ghulam Shah Badshah University, Rajouri (J&K). He worked on the topic “Studies on the Texonomy and Ecology of the Rhabditid Nematode of the Poonch District under the supervision of reader Dr. A.A. Shah. In addition to this



highest academic excellence in the field of Science, Rzd Shavish has also qualified NET test conducted by CSIR (New Delhi) with 16th rank, which is another feather to the cap of Mohyal researcher, living in the remote and border district of J&K State. The research scholar has attended many seminars and conferences held at State and National level. He has the distinction of contributing Articles, which have been published in international journals.

Mr. Shavish Vaid is the grandson of Smt. Satya Devi and late Rzd Beli Ram Vaid of village Gunni erstwhile Tehsil Kotli, District Mirpur in POK. His grandparents had been the land lords during the pre-partition days and after partition compelled under the circumstance settled in Rajouri town (J&K) State to earn their livelihood, late Rzd Beli Ram had been, the founder member of local Mohyal Sabha Rajouri during late 60's. His son Rzd Sushil Vaid imbibed the virtues of Mohyali spirit in the minds of his illustrious son Shavish Vaid, who has been following the foot prints of his revered father and grandfather.

Local Mohyal Sabha Rajouri wishes him all the best and pray for his excellent performance in life Rzd family contributed a sum of Rs.200/- on this happy occasion.

Secretary, Young Mohyal Sabha Rajouri

FOR THE KIND ATTENTION OF READERS OF MOHYAL MITTER

All articles, including letters, published in the Mohyal Mitter, are as furnished by the authors/writers concerned. The views expressed therein are their personal views. The Publishers, Chief Editor or Editors (English & Hindi) are not responsible for the particulars therein or the veracity thereof, in any manner whatsoever.

—Chief Editor MM

PERSONALITY DEVELOPMENT

Gen: Looking at Society we live in today, your success in dealing with the global world you are growing up in, depends on your knowledge of life skills. You have to be prepared to face the life's challenges and must therefore identify your strengths and weakness. Remember, however cruel life may look, don't think all joy has gone, clouds always break for those who make the effort to keep going.

The aspects of your personality which others see and are influenced by them, are your appearance, your voice and your speech, your behaviour, attitude, experience and achievements. All these facets can be improved and brushed up. Personality development means enhancing and grooming ones outer and inner self to bring about a positive change to your life.

Self Analysis: Before trying to improve basic facets of your personality, see yourself as you really are. The person who sings his own praise gets the wrong answer. After having an objective image of your whole personality, you can proceed to improve its vital facets. There is hope for any person who can look in a mirror and laugh at what he sees.

Appearance: Your appearance has a real impact on others. It pays to be well groomed and business like, rather than being slovenly and sloppy. Clean, well pressed clothes will definitely enhance your personality and should match your body. Remember your appearance talks since people do judge you a great deal by your appearance. The knowledge that you are well dressed, also boosts your self confidence. A Russian proverb – when you meet a man, you judge him by his clothes, when you leave you judge him by his heart. Good posture, a pleasant facial expression and appropriate eye contact will help to make a good first impression.

Communication Skills: Make an effort to make your speech more modulated, attractive and clear. Avoid lisping and slurring, be precise and audible. We should be able to convey to an individual and a large audience what is in our mind with ease and clarity. It is important to be able to express ourselves effectively both verbally and in writing. These can be definitely improved by training and practice.

Physical Fitness and Mental Fitness: He who has health has Hope and he who has Hope has everything. Work on yourself and build your body–sweat it out by playing games and doing physical activity. We must also exercise our Brain, since it loves and thrives on challenges. Stimulate your brain by using it ie playing Chess, Bridge, solving Sudoku puzzles etc. Train your mind to listen to No, to Wait and to Accept the unexpected. Your mind is like a farmland –it needs to be fertilized if it is to continue to be fruitful.

Time Management: Time Management is one of the most important skills needed in life. This is not a skill we are born with–it has to be acquired during our lifetime. Efficient use of time helps us to focus on the task at hand better. Identify your time wasters ie TV, Sleep, Internet etc Prioritize tasks, complete one task before going on to the next, learn to delegate, set time limits for yourself and make a schedule for the day.

Anger Management: Keep a check on your temper and avoid saying things which you may regret later. Losing your temper is possibly the worst thing you can do. We get upset if we do not have our way. Remember a bout of anger harms us first and then others.

Stress Management: We have the habit of making worry our constant companion. Even for small things we start worrying as a result there is a continuous feeling of uneasiness. You can not change what people do or say, but you can change how you respond to it. This is one of the keys to manage stress.

Sum up: Develop the habit of listening and understanding the needs of other people. Always have an open mind and be receptive to feedback. Every thing begins with the way we think leading to the way we act and behave. A persons true character is revealed in the way he behaves in times of crisis, when he believes his future is at stake. Always be optimistic and determined and the success will be yours.

Lt Col L R Vaid, Mob. 9810365905

CAREER IN DEFENCE FORCES AS COMMISSIONED OFFICERS

Boys and Girls who wish to join the Defence Forces as Commissioned Officers are being trained to face the Services Selection Board by the GMS, which is free for our children. Free accommodation will be provided for outstation children at Mohyal Bhawan Inderpuri, New Delhi.

Please visit the following websites to check eligibility & other details.

Army www.joinindianarmy.nic.in
Navy www.nausena-bharti.nic.in
Airforce www.indianairforce.nic.in

Physical Conditioning: Candidates are advised to tone up their body (to be done gradually over a period of time) to achieve the following minimum standards.

- | | |
|-------------------|----------------------|
| (a) Running | 2.4 km in 15 minutes |
| (b) Sit ups | 25 |
| (c) Push ups | 13 |
| (d) Rope climbing | 3 to 4 meters |

General Awareness: Get into the habit of reading a National English Newspaper daily. Read magazines to know why and what is happening in our country and in various parts of the world.

Expression: Train to express yourself in English (verbal & written)

Services Selection Boards will be looking for the following qualities in you.

- Planning and Organizing ability
- Social Adjustment in a group
- Leadership qualities
- Physical and mental fitness

Training capsule is for 7 days–please get in touch immediately on receipt of call from SSB.

Best wishes and good luck: Lt Col L R Vaid

Mob.: 9810365905

lajpatvaid @ hotmail.com

Mohyal Play School, Haridwar

Holi Celebration: India is the land of festival and each festival is celebrated with pomp and glory. Holi is one such festival that is celebrated across the country with enthusiasm. Though this festival holds equal importance for both adults and children, children enjoy this festival of colours the most. The markets are colourful with heaps of colours. Innovative pickkaris come every year to lure the children. Children are seen throwing dry colours, coloured water and water balloons at one another. After a couple of hours of playing with colours it is difficult to recognize their faces. Holi was celebrated on 5th March at Mohyal play school with our kids. The kids enjoyed the celebration very much. Gujias were distributed to all the kids. They danced on holi songs and some of them recited poems to show their joy of celebrating such joyful holi.



enjoyed the celebration very much. Gujias were distributed to all the kids. They danced on holi songs and some of them recited poems to show their joy of celebrating such joyful holi.

Birthday Celebration: "Every one needs an excuse to party" a small birthday celebration was held on the 13th Mar 2015. There was a cake cutting ceremony and a small party held in which the kids enjoyed having cake and dancing. Gifts were also given to the birthday stars MAYANK, SARANSH and CHETNA.

Parent's Teacher Meeting: A special parent's orientation was held on 31st March 2014 in the school. It was a stimulating and interactive session between the parents and teachers proving once again that a joint effort strengthens the resolve for betterment.

Shubhangi Bishnoi (Counsellor)

MAIDEN ADVENTURE-CUM-EXCURSION TRIP FOR MERIT STAFF AND STUDENTS

For the first time since its inception in 1999, MERIT organized an Adventure-cum-Excursion trip to Haridwar, Rishikesh and Mussoorie, for its staff and students from the 31st March 2015 to the 2nd April 2015. The participants, 23 in number, included Director MERIT, Dr. Rattan Datta, with his wife and son, CAO, Mr. S. Ranganathan, Merit staff and COPA students. We had hired a Tourist bus for the entire trip.

On the 31st March 2015, our trip began at 8 O'clock in the morning from the Mohyal Foundation, New Delhi. Reaching Mohyal Ashram, Haridwar, by 3 pm. After enjoying the delicious lunch at the Ashram, we occupied the allotted rooms and rested for a while.



In the evening, all of us made a bee-line towards Har-ki-Pauri, One of the most important places of worship in Haridwar, where thousands of people take a dip in the holy water of the Ganga. Har means God and Pauri means footprints. Har-ki-Pauri thus literally means footprints of God. Hindus believe that a holy dip (bath) here in River Ganga will wash off your sins.

At Har Ki Pauri, we witnessed the spectacular evening Aarti. When the Aarti is performed, the reflection of the golden diyas that keep floating on the river offers an enchanting view of the ghat. After the Aarti, some of us took a dip in holy waters, after which we were back in the Ashram, for dinner and had a nice sleep.

The next morning saw us fit and sprightly, ready for the next part of our journey, which was to Mussoorie. Some of us visited the Mohyal Play School, which was re-opening after a brief recess. We left the Ashram, after an early morning breakfast, and reached Mussoorie, after travelling for about 5 hours. Mussoorie is popularly known as 'the Queen of Hills' and is the preferred destination for people, who can afford it, to escape from the summer heat. It provides an excellent respite from the hot sultry conditions of the plains. After enjoying the packed lunch, which we had taken from the Mohyal Ashram, we trudged towards the enchanting Kempty falls, where we saw nature in all its splendor. The scenic falls are situated on the hilly tracts of Uttarakhand, at an altitude of 4500 ft, surrounded by high mountain ranges, and is a good picnic spot; one can also spend hours, listening to the music of water falling down the slopes, in the midst of the surrounding greenery. Some of us climbed to the top, from where the falls originated; many of us had also a bath in the falls. All were struck by the beauty of the scenery,

and the wonderful view of the gurgling falls. Many of us busied themselves by clicking photographs together and also selfies.



We all enjoyed there enormously and reluctantly bade farewell to the place. On the way back, we also saw some of the famous places in Mussoorie, including the Lal Bahadur Shastri Academy of Administration, where the IAS probationers have their *ab initio* training. We were back in the Mohyal Ashram in the evening; some of us spent time in the Meditation Hall in the Ashram. We also had ourselves photographed in front of the statue of Lord Parasuram.

On the next morning, as per schedule, we left for Rishikesh after breakfast and reached there by 11 am. According to Hindu mythology, Rishikesh is the place, where Lord Vishnu crushed the demon Madhu. Rishikesh, besides being a pilgrim centre, is also famous for its adventure sports. If you are adventurous and want to do something special and slightly risky, then river rafting in the Ganga, at Rishikesh is the thing for you. White water rafting is very popular there and a visit to Rishikesh will not be complete without indulging in river rafting. River rafting is a sport which can be enjoyed by the entire family. It does not matter whether you are a newbie in the field or a skilled rafter, Rishikesh offers rafting opportunities for all, with the help of professionals. All of us, except Dr. Rattan Datta and Mrs. Meena Datta, ventured to do rafting, for which we arranged two rafts with the capacity of 10- each. It was great fun and was enjoyed by one and all. When we hit the rapids, the thrill cannot be explained in words. Some of us went into the waters, holding on to the ropes tied to the rafts. It was slightly risky, but there was no danger, as all of us were wearing life jackets and helmets. After enjoying the fun and adventure, we returned to the Mohyal Ashram Haridwar, and had lunch there. We started our journey back to Delhi, at 4 pm and reached MERIT, around midnight, on the 2nd - 3rd April 2015.

It was an unforgettable experience trip and was enjoyed thoroughly by everyone. We appreciate the exemplary and disciplined behavior of the students during the entire trip. Otherwise, managing such a group, consisting of both young boys and girls would have been difficult. We are thankful to Rzd. B.D. Bali, President, GMS, for permitting our free stay at the Mohyal Ashram, Haridwar. We also thank the Manager and staff at the Mohyal Ashram for making our stay very comfortable and Shri Rajesh Gupta, the Caterer, for having served us very delicious and hot meals, even though we had reached there, past lunch time, and, for going out of the way to give us packed lunch/dinner, for our trip to Mussoorie and our return journey to Delhi. We also express our thanks to Dr. Rattan Datta, for arranging this first-ever Adventure-cum-Excursion trip for the MERIT staff and students.

COMMUNITY NEWS CAPSULE

AMBALA CITY

Date : 05.04.2015
Venue : Mohyal Bhavan
Attendance : 24
In Chair : Bhai Shyam
 Sunder Chhibber

The proceedings of March 2015 meeting were read out and confirmed. The house welcomed Shri R.P. Bali, Auditor who attended the meeting for the first time.

Sad News: After the Mohyal prayer the house observed two minutes silence and prayed for peace of the departed souls of the following:

1. Lt Col (Retd) Bhai Vinay Kumar Chhibber s/o the late Bhai Kulwant Rai Chhibber who expired on 24.03.2015.

2. Sh. Manoj Vaid s/o the late Sh. Madan Lal Vaid r/o Shalimar Bag New Delhi who expired at the young age of 48 years.

Speedy Recovery: The house prayed for the speedy recovery of Smt Neelam Chhibber who got injured by a fall at her residence and is now recovering.

Wedding Anniversary: The house congratulated the following on their forthcoming wedding anniversaries.

1. Smt. Neelam Chhibber & Bhai Sanjiv Chhibber on 18.04.2015.

2. Smt. Indu Bali & Sh. Pankaj Bali on 14.04.2015.

Honours: It is a matter of pride for the mohyal community that Lt. Gen. Parveen Bakshi has been awarded AVSM on 21.3.15 by the President of India.

Addition to Trusts: 1. Col N.M. Dutt has donated Rs.31000/- towards addition to the trust "Savita Dutt & N.M.Dutt Education Trust" on the first death anniversary of his wife the late Smt Savita Dutt.

2. The 4th birthday of Master Sahil Sud s/o Smt Karuna Dutta Sud & Dr. Ashish Sud of Chicago, USA was celebrated on 20.04.2015. On this happy occasion his maternal grandfather Shri Yash Dutta of Canada donated Rs.1100/- to the sabha for addition to "Ashwani Datta Memorial Trust" & Rs.251/- to GMS New Delhi.

Other Points: 1. Bhai Shyam Sunder Chhibber informed the

house that Sh. J.P. Mehta along with some other members has gone to attend the Mohyal Millan at Gurgaon and Sh Ashwani Bakshi along with Sh Pankaj Bali & some other members has gone to attend MIhyal Millan at Ludhiana.

2. Sh. Navdeep Datta informed the house about the launch of site for on line booking of rooms at Mohyal Ashram Haridwar.

The meeting concluded with, the recitation of *Shanti Path* and a vote of thanks to the Chair.

J.P. Mehta, President
 94164 47497 (M)

Ashwani Bakshi, Gen. Secy.
 99922 11065 (M)

GURGAON

Date : 5.04.2015
Attendance : 550
Venue : Community Centre
 Sukhrali near
 IFFCO Chowk
In Chair : Shri Shyam Sunder
 Dutta President

Mohyal Sabha Gurgaon organized Mohyal Milan Mela on 5 April 2015 at Community Centre Sukhrali (near IFFCO Chowk). It was a grand show, attended by more than 550 Mohyal Brothers and Sisters. We were lucky to

for Cabinet Secretariat was the Guest of Honour but he could not come being unwell. Shri LM Mehta IAS was our special invitee. The function started at 1100 hrs with the hoisting of Mohyal Flag by the Chief Guest, which was followed by chanting of the Mohyal Prayer and roars of JAI MOHYAL. Gen Chhibber was escorted to the main hall where he was greeted by the House by clapping of hands and guests standing at their places This was followed by lighting of lamp by the Chief Guest and other dignitaries which was accompanied by recitation of Saraswati Vandna sung by the stage artists.

Lt Col LR Vaid welcomed the guests and requested them to rise and pay homage to all members of the Biradri who have left for their heavenly abode. The House stood up and observed two minutes silence as a mark of respect for the departed souls. After the guests took their seats, he said that it was a matter of great honour for Mohyal Sabha Gurgaon to have Lt Gen BKN Chhibber a highly decorated officer and a staunch Mohyal with us. The Biradri formally welcomed him with a thunderous applause. He than requested Shri Shyam Sunder Dutta, Presi-

being humble, honest and an excellent human being. All the words are insufficient for praising him. The entire community is proud of him. Guest of honour Shri A K Dutta could not grace the Mela being unwell but has sent his blessings and good wishes. Shri LM Mehta has come to grace the function. The Sabha is highly grateful to this honest, bold and loveable officer who earned name and fame during his service. Rzd B D Bali, President of GMS, our apex body, who has done yeoman service for the community, could not come due to his prior commitment to attend the Mela organized by MS Ludhiana on 5 April 2015. He has sent his best wishes alongwith a shagun of Rs.10000/- from the GMS.

Gen B K N Chhibber was requested to address the Biradri, and was escorted to the stage by Shri Kailash Chhibber amidst roars of Jai Mohyal. He said that he was very pleased to be with the Biradri and looked forward to such interactions. He advised the community to unite, love and respect each other, which was the only mantra for prosperity. He emphasized on Bhaichara/Brotherhood in the Biradri which needed to be strengthened further. Coming from a ruling class, Mohyals still hold their heads high and are a prospering community. Need of the hour was to give modern education to the needy children so that the coming generations should become asset to their families, to the community and finally to the country. Our children need guidance to better their prospects in life which is being done and education will help them to face the competitive world.

Col BN Bali despite his frail health came on a wheel chair to be part of this grand show. He was born on 29 Feb 1924, got commissioned in the Army in April 1943, retired in Feb 1982 after a glorious and eventful innings and thereafter took to community service as a fulltime job from which he has not retired so far. When requested to say a few words he got emotional and said, he loved the Biradri and felt very happy when mohyals came to meet him and he will continue to work for its upliftment. Col Bali



have got this place, which was very spacious and had all the facilities like spacious halls, stage with two rooms for artists, covered cooking area, bathroom facilities, parking area, and above all it is located on the main road.

Lt Gen B K N Chhibber, PVSM, AVSM, VSM, former Governor of Punjab was the Chief Guest and Shri A K Datta IPS, former Direc-

dent Mohyal Sabha Gurgaon to give his welcome address, who said that all members of the Sabha were highly grateful to Gen Bakshi for accepting to be the Chief Guest and that we have no words to thank him for this gesture. He is a highly decorated Army Officer and has served the country with great zeal and devotion. He is a adorable person

presented a very nice framed picture of Rishi Lord Parshuram Ji to the Sabha, but unfortunately the same got misplaced at the venue.

This was followed by cultural programme nicely presented by Big Boss Events and was enjoyed by the Guests. Bhangra was a big hit. Refreshments were served to the Guests during the course of the programme. The guests were honored by presentation of Mementoes and *Shawls* on the stage. The Chief Guest was kind enough to give the mementoes which took a little time since a large number of guests were to be honored. He was assisted by Shri Sham Sunder Dutt, Shri Kailash Chhibber and Shri PK Dutta. Mohyal Sabha Gurgaon thanks all Mohyal brothers, sisters and children who came to grace our function and had arrived from near and far of places ie Delhi, Panipat, Karnal, Kurukshetra, Chandigarh, Panchkula, Kalka, Jammu, Ambala, Muzafarnagar, Naraingarh, Barara, Ludhiana, Ghaziabad, Sahibabad, Muscat (overseas) and above all Gurgaon. After this the guests were requested to move to the basement where lunch was served. Delicious menu, well served—was the feedback from the guests. We are very grateful to Gen Chhibber for being part of us and staying on till the very end which is a great moral booster for the Sabha.

Thank you Sir !

The function was a grand success thanks to the hard work and positive contribution of the dedicated team of Mohyal Sabha Gurgaon and the quiet back stage volunteers like Rajeev and Sanjeev Chhibber.

Team Mohyal Sabha Gurgaon went to Mohyal Foundation on 12 April 2015 and honoured Rzd BD Bali by presenting him a Shawl and a Memento. He was kind enough to accept the same and said he looked forward to visiting the Sabha.

Jai Mohyal!

Subhash Chhibber, Secretary

JALANDHAR

Date : 22.03.2015
Venue : R/o Shri S.K. Dutt
Attendance : 11
In Chair : Shri A.S. Dutta
President

After the recitation of Mohyal Prarthana and welcome of

guests, proceedings of the previous meeting as published in Mohyal Mitter were taken as read and approved.

Sad News: Shri Braham Dutt, Patron of the Sabha left for his heavenly abode on 15.2.2015. He was an active member of Sabha and was Vice President for very long period. Two minutes silence was observed in his memory with prayers to the Almighty to give eternal peace to the departed soul and courage to the bereaved family to bear this loss.

Widows/Destitutes Pension: The President informed the house that the cases of deserving persons have been forwarded to the GMS.

Construction Committee: Shri Satish Mehta Chairman Construction Committee was requested to arrange for the repair/ replacement of door of the Mohyal Bhawan.

Mohyal Mela at Ludhiana: The President informed that Mohyal Sabha' Ludhiana is organizing Mohyal Mela on 05-04-2015. Members were requested to attend. He further informed that he would be attending the same along with 4-5 others.

Bank Account: The sabha is operating two bank accounts one each at the Punjab National Bank, Ladowali Road and Canara Bank, GT Road. As the Office bearers authorized to operate the account have changed, the Banks may be informed about this change.

The meeting ended with the recitation of Shanti Path and a vote of thanks to the chair and the host.

A.S.Dutta, President
S.K. Dutt, Gen.Secretary

JODHPUR

Date : 14.03.2015
Venue : R/o Shri Ashwin Datta
Attendance : 30
In Chair : Col K.C. Bali

After the recitation of *Gayatri mantra* and welcoming of guests, the Treasurer presented the accounts up to the month of February, 2015 which were passed unanimously.

Miss Tanya Datta d/o Shri Ashwin Datta played a melodious song on guitar and everyone appreci-

ated. kitty draw was taken and presented to the lucky winners. Two rounds of tambola games were conducted by Smt Nneena Chhibber and Shri Gopal Bakshi and all had great fun.

Next meeting will be held on 15.04.2015 at the residence of Shri K.K. Bali or Smt Geeta Bakshi. The exact date and time will be intimated.

The meeting concluded with the recitation of shanti path, shouts of mohyal sabha ki jai and a vote of thanks to the chair and the host.

Satyendra Chhibbar, Secretary

J&K

Date : 12.04.2015
Venue : Mohyal Sarswati Bhawan
Attendance: 15
In Chair : Shri N.L. Bakshi IAS (Retd.)

After the recitation of *Gayatri Mantra* and Mohyal prayer and welcoming of guests, minutes of the last meeting were read out and confirmed, unanimously. The treasurer presented statement of accounts which was also approved.

Sad News: After the Mohyal prayer the house observed two minutes silence and prayed for peace to the departed souls of the following:

1. Shri Parshotam Lal Bakshi
2. Mehta Sat Pal Datta
3. Smt. Chander Kanta Datta w/o late Shri Vipin Kumar Datta
4. Shri Kharaiti Lal Bali s/o late Shri Durga Dass Bali
5. Smt. Bimla Datta w/o Shri Bal Krishan Dutta

The preparations for Mohyal Mela are in full swing. Mohyal brothers from far flung areas are expected to come on Sunday, 19.04.2015 to celebrate the mela. There is positive response from every nook and corne. All Mohyal brothers are supporting morally as well as financially to make the mela a grand success.

The meeting concluded with a vote of thanks to the Chair and serving of a cup of tea.

R. Bakshi, Secretary

JANAKPURI NEW DELHI

Date : 05.04.2015
Venue : R/o Shri Raj K. Bali
Attendance: 10
In Chair : Rzd. K.K. Bali,
President

After the recitation of Gyatri Mantra and Mohyal Prayer led by Shri Satish Chand Bakshi the minutes of the meeting held on 01.03.2015 were read out and confirmed unanimously. The house welcomed Shri R.L Bali a great philanthropist who despite his advanced age graced the meeting by his kind presence. Sabha salutes such dedicated Mohyals.

Sad News: The house observed two minutes silence in the memory of Lt. Col. Raveesh Vaid who died on 26.03.2015 in a road accident at a very young age and prayed to Almighty to grant eternal peace to the departed soul and enough strength to the bereaved family to bear this irreparable loss.

GMS Managing Committee: The house congratulated Rzd. K.K. Bali, President of the Sabha on his nomination as member of the Managing Committee of GMS and profoundly thanked Mohyal Ratan Rzd. B.D Bali President and all the members of MC of GMS for bestowing this honor to MS Janakpuri in recognition of the services rendered by the members of the Sabha in strengthening our Apex Body right from the inception of the Sabha in 1975. Members reiterated their resolve to continue to lend unstinted support to our most revered parent organization which has brought glory to the Mohyal Community.

Shri Ram Shobha Yatra: Mohyal Sabha Janakpuri in association with Janakpuri Dharmik and Samajak Mahasangh which represents all religious, social and cultural organizations of Janakpuri celebrated Ram Navmi by taking out a colorful procession of Shri Ram Shobha Yatra on 29.03.2015 which passed through Sanatan Dharam Mandirs, Arya Samajs, Gurudwaras located in various blocks. On this occasion sabha had set up a stall. Members of the Sabha welcomed and distributed "Prasad" to the devotees accompanying the yatra. Sabha would like to thank the following members who contributed for serving of "Prasad".

1. Rs 1000 by Shri R.L. Bali, 2. Rs 500 Each by S/Shri R.K Bali, K.K Bali, Col. Yudh Vir Bakshi, D.K. Mehta (Chhibber), P.C. Lau, B.M. Datta, Hari Sharan Datta, Satish Chand Bakshi, Smt Prem Datta and Smt Manisha Datta, 3. Rs. 251 by Shri V.P Lau

Good News/Donations: 1. Rs. 251/- by Rzd K.K Bali on the birthday on 12.04.2015 of his wife Smt Sudesh Bali.

2. Rs.251/- by Rzd K.K Bali and Smt Sudesh Bali on their Wedding Anniversary on 28.04.2015

3. Rs.151/- by Shri B.M Datta and Smt. Shashi Datta on their Wedding Anniversary on 13.04.2015.

4. Rs. 200/- by Shri R.K.N. Bali and Smt. Rama Bali on their Wedding Anniversary on 07.02.2015.

Birthdays/Anniversaries: The House extended heartiest greetings to all such members and their spouses who were celebrating their birthday/Marriage Anniversary in the month of April, 2015 and wished them best of health, happiness and long life.

Mohyal Milan Gurgaon: Mohyal Sabha Gurgaon had organised a grand Mohyal Milan on 05.04.2015 which was attended by large number of the Mohyals including members of the M.S Janakpuri. The house congratulated MS Gurgaon for celebrating Mohyal Milan which helped the community members to know and interact with each other.

New Life Members: The following have become life members of the Sabha by paying membership fee of Rs.500/- each:-

1. Shri Baldev Raj Chhibber.
2. Shri Sunil Chhibber.

Langar Fund: Shri Vineet Chhibber and Shri Vikas Chhibber have donated a sum of Rs.11000/- towards Langar Fund in the sacred memory of their grand parents Smt. & Shri Bhim Sain Dutta of Faridabad through MS Janakpuri, Date of Langar: 26th June.

Bharat Vikas Parishad: Rzd.K.K Bali has been unanimously elected as Sr. Vice President of Bharat Vikas Parishad C-2 Branch Janakpuri. This Organisation is dedicated to uplifting of downtrodden, Adivasis and providing help to poor children in their studies. It also runs a Viklang Seva Kendra in East Delhi to provide all types of aids

to the handicapped persons. It was established in the wake of Chinese aggression in 1962 and is an All India Body having Branches spread all over India.

The meeting ended with a Vote of thanks to the chair and the host.

K.K Bali, President
Mob. 9868349469

Rahul Bakshi, Secretary
Mob. 9910135835

KARNAL

Date : 12.04.2015
Venue : Mohyal Bhavan
Attendance : 12
In Chair : Shri Gulshan Vaid
President

After the recitation of *Gayatri Mantra* minutes of the meeting held on 01.03.2015 were read out and confirmed, unanimously. The accounts for the month of March, 2015 were also presented and approved.

Felicitations: The house conveyed its best wishes to all the members and their spouses who have their birthdays and wedding anniversaries in the month of April, 2015 and wished them long and healthy life.

Baisakhi Greetings: The President extended Baisakhi (festival of harvesting) greetings to all members. He said that the day had a historical background and it was on this day in 1917 when English General Dyre shot innocent Indians at the Jalianwala Bagh at Amritsar. A rich tribute was paid to their departed souls.

Other Points: The President expressed gratitude to the members for recognizing his services and grant of extension of one tenure to him. The President dissolved the Working Committee and nominated the following members of his team. He thanked the members of the outgoing team for their cooperation and support for running the affairs of the sabha. He also requested new members for support and lending their helping hand too.

President: Shri Gullshan Vaid

Vice Presidents: S/Shri Yash Pal Mohan & Kulbhusan Vaid

Gen. Secretary: Shri Rajnder Bali

Fin. Secretary: Shri Chand Krishan Vaid

In charge Bhavan: Shri Kuljas Rai Vaid

Legal Adviser: Shri Rahul Mohan Adv.

Chief Patron: Bk. Kedar Nath Chhibber

Patron: Shri B.R. Mehta

Executive Members: S/Shri Vinod Mehta, Ramesh Mohan, J.K. Bali, Hemant Mohan, Brij Bhushan Mehta, Devinder Mehta, Suresh Datta, Anand Saroop Datta, Sandeep Vaid, Ashish Bali, Vikram Datta and Rahul Chhibber.

Donations: The following donations were received with thanks:

1. Rs.2100/- Bk. Kedar Nath Chhibber as help to weaker sections.

2. Rs. 1000/- Shri Subash Datta (Nilokheri) for Education Fund

3. Rs.200/- Smt. Kkamlesh Mohan

4. Rs.100/- Smt. Krishna Wanti Bali

5. Rs.100/- Smt. Chanchal Bali

7. Rs.200/- Shri N.R. Vaid for charitable dispensary

8. Rs. 100/- each to the GMS and local sabha by Shri Sndeeep Vaid on his marriage anniversary.

The meeting concluded with a vote of thanks to the chair and serving of a cup of tea.

Gulshan Vaid, President
9812565652

Rajender Bali, Gen. Secy.
9812125208

LUDHIANA (Mohyal Mela)

Date : 05.04.2015
Venue : Punjab Trade Centre
Chief Guest : Rzd. B.D. Bali,
President GMS

Guest of Honour : Sh. Vinod Dutt
President MS
Khanna

Attendance : 400
In Chair : Shri Amolak Singh
Dutta

Special Invitees: S/Sh. Parveen Bansal Distt. BJP President Ludhiana, Ashish K. Vaid Deputy DEO Ldh; Rajeev Rai Mehta Ex. MC Khanna, Pushap Bali, Vijyant Bali and Pawan Bali Members GMS.

Outside MS Rep.: Khanna, Ambala, Panipat, Brara, Jalandhar, Lambra, Patiala, Rajpura, Jammu, Karnal.

Chief Guest Mohyal Rattan Rzd B.D Bali and Shri Vinod Dutt, President MS Khanna were

warmly welcomed by the President and his team by garlanding them.

Flag Hoisting: The function started with hoisting of Mohyal Flag by Rzd. B.D. Bali, followed by recitation of Mohyal Prayer, led by the General Secretary with loud sounds of Jai Mohyal.

Jyoti Prajwalit: Lighting of Lamp was performed by the Chief Guest and other dignitaries in the hall.

Welcome Address: Smt. Sonika Mehta on behalf of the President and his team welcomed the Chief Guest, and other guests and the Mohyal Community of Ludhiana for attending the function. She particularly thanked Rzd. B.D. Bali for gracing the occasion as Chief Guest, by sparing time from his busy schedule.

Ishwer Vandhna: Religious songs were recited by little charming girls.

Homage: Two minutes silence was observed in the memory of Mohyal departed souls who have left the world during last one year specially to late pillar of Mohyal Community Sh. GL Dutta 'Joshi'.

Cultural Programme: A colourful cultural programme was performed by charming little children who gave fascinating performance which was praised by all the viewers by thumping and clapping.

Bhangra: Bhangra was performed by the mohyal youths which also was very attractive event and appreciated by every one.

Gen. Secretary's Report: Report was presented by the General Secretary wherein he highlighted the activities undertaken by the sabha during the last year. Members of the sabha visit all the mohyal families where death occurs to condole the bereaved families. Also a lunch is served by the sabha to the families after cremation. Monthly meetings of the Sabha are regularly conducted on every first Sunday of the month. The sabha also hosted a mohyal get to gather during the month of February 2015 which was attended by more than 100 persons, in which lunch was served. Families interacted with each other. A cricket match was played between the youths of sabha and MS Khanna, which was arranged by MS Khanna in which Sh. Vinod Dutt

ji President and Sh. Rajiv Rai Mehta played a major role. The sabha has 23 Executive members who all are willing and hard workers and each member donates Rs. 100/- per month to the sabha. In the present occasion they all have donated Rs.100/- each. The Invitation cards were distributed by knocking at each and every mohyal family. There are 250 Mohyal families residing in Ludhiana with the result there was huge gathering.

Shri Ravi Bali, Chief Manager OBC Khanna in his address assured provision of loan to any mohyal for setting up business, or for any other purpose without collateral security.

Sh. Vinod Dutt in his address called upon the youths to set up their own Enterprise for which government/banks are imparting loan up to Rs. 20 lac at a very low interest rate without keeping any collateral security and can become big businessmen instead of running for services.

Sh. K.K. Vaid Ex. Sr. Vice President of the sabha in his address requested Rzd. BD Bali to organize Senior Citizens (above 80 year) camp. He also suggested that the tariff of Mohayaql Ashrams be charged 1/4th for old persons.

The Chief Guest in his address congratulated Sh. Amolak Singh Datta President and his entire team for organizing fabulous occasion and for the warm welcome accorded to him. He assured for all cooperation by the GMS.

Many other persons also placed their valuable views before the audience.

Honouring ceremony: Rzd B.D Bali was honoured by Sh. Vinod Dutt, Sh. Amolak Singh Dutt and his entire team. Sh. Vinod Dutt was honoured by Rzd. BD Bali and Sh. Amolak Singh Datta and his team. Representatives of all the Mohyal Sabhas attending the mela were honoured by Rzd. B.D. Bali. He also honoured senior citizens, newly born babies, newly married couples. All the Office-Bearers and Executive Members were honoured by Sh. Vinod Dutt. Sh. Dutt praised all the members for their hard labour to make the function a great success.

Lunch break: Delicious lunch was served. Snacks and milk

were also served. After the Lunch Rzd. B.D Bali was given a warm send off by all the Office-bears and Executive members of the sabha and other participants.

Prize distribution: Prizes were distributed to the children who took part in the cultural program.

Lucky Draw: In the end there was a Lucky Draw.

Gidda: In the end a colourful Gidda was performed by Mohyal ladies which was the most magnificent event of the day.

Thanks & Appreciation: Sh. Munish Bali was the organizer of the event. He along with Sh. Amolak Singh Datta, President, Rajiv Chhibber, Cashier, Lokesh Dutta Narinder Bali, Ranbir Singh Datta worked hard for the distribution of cards, and collection of funds and for completion of miscellaneous job for the occasion. The sabha is grateful to them and confident that the same spirit will continue in future too. Thanks also to all the Mohyals living in Ludhiana who extended their best cooperation for the occasion. Cultural Programme was prepared by smt, Sonika Mehta and Sh. Kamal Mehta. The stage was managed by Adv. D.N Bakshi in a nice manner. Registration counter was well managed by Rajiv Chhibber and his team consisting of Narinder Bali, Daman Bakshi, and Ripanshu Bali daughter Sh Munish Bali.

Brij Mohan Datta, Gen. Secy.

NOIDA

Date : 05.04.2015
Venue : AVCC
Hosts : Smt Shubh & Shri V.K Datta
Attendance : 29
In Chair : Lt Gen (Retd.) G L Bakshi, PVSM,

After the recitation of Mohyal Prayer, minutes of the meeting held on 01.03.2015 were read out and confirmed unanimously.

Points from the Mohyal Mitter April, 2015 issue: President highlighted the salient points from Mohyal Mitter for the information and benefit of the members. He made the members aware about the election of Presidents of two 'Local Mohyal Sabhas', namely he from Noida and Shri KK Bali from Janakpuri, as members of GMS Managing Committee. All present expressed their appreciation and welcomed this action

by the GMS Managing Committee.

Catering Arrangements to Cover NMS Meetings in Party Room AVCC: President apprised the members of the progress with regard to his efforts in resolving the problem of catering in AVCC in support of NMS Monthly Meetings. Since the Contractors of AVCC had been uncooperative, the Management of AVCC have now allowed us to make our own arrangements till they are able to settle the issues with their 'Empanelled Contractors' and make acceptable arrangements.

Felicitations: Members conveyed greetings and best wishes to all members/their spouses, whose Birthdays / Anniversaries fell during the month of April, 2015.

Donations: Col. P.S. Dutta, Vice President as in previous years, gave his annual contribution of Rs.6000/-, for increasing the monthly pension amount of two widows from Noida by Rs.250/- each per month, for the year 2015-2016. All present greatly appreciated this gracious gesture.

Monthly Topic of Discussion: Members participated in lively discussion on the topic "Analysis of the outcomes of Budget session of Parliament and Rajya Sabha with special reference to its likely effect on Indian Economy."

The meeting concluded by recitation of Shanti Path and a vote of thanks to the chair and the hosts. A short game of Tambola was enjoyed by members before lunch & dispersal.

K.K. Datta, Secretary
 0120-4318487 M 9818189947

NAVI MUMBAI

Date : 22.03.2015
Venue : NBSA Club Vashi
Attendance : 23
In Chair : Shri B.M. Bali, Vice-President

After recitation of *Mohyal Prathna*, two minutes silence was observed on the sad demise of Mrs. Saroj Dutt Sharma on 11.03.2015 sister of Shri Bharat Dutt and Sh. Vishal Dutt.

The advertising revenue has not been fully received from sponsors, hence the Mohyal Mela 2014 expenses were not finalized. The list of pending amounts

to be received was circulated among the members present. It was decided to wait till all the monies are received, before finalizing the mela accounts.

Members expressed concern about the dwindling strength during meetings and Mohyal Mela. This was deliberated at length and it was decided that area wise lists be made and volunteers to do home to home canvassing. This will help align the members and increase in membership.

Mohyal Mela 2015 dates will be finalized on confirmation of availability of Rzd. B.D. Bali. It was unanimously decided that the sabha should approach Rzd. BD Baliji and finalize the dates on basis of his availability. His presence as Chief Guest of Mohyal Mela 2015 will be a big morale booster for the sabha.

The attendance and contribution of Young Mohyals of the sabha was a cause of concern for the members. After deliberations, consensus emerged that in order to involve youth, outdoor activities with social and bonding awareness should be undertaken. Thereafter it was decided to visit Shantivan on 12.04.2015 along with children. Shantivan is about 12 KMs from Panvel and is an integrated complex having Old Age Home, Shelters for Old people and destitute children, Leprosy treatment, naturopathy and cow shelters. Shri Vishal Dutt volunteered to chalk out complete program and organize lunch. Shri NK Dutt agreed to get the badges for all the members. The complete program will be chalked out by Shri Vishal Dutt and will be circulated.

It was decided that henceforth host members will have the option of organizing Bimonthly meetings either at their residence or at the Navi Mumbai Sports Association Club.

It was emphasized that bimonthly meeting should be held on 2nd Sunday of every alternate month and should not be postponed in view of the non availability of few members/ office bearers.

It was agreed that henceforth all the points discussed in Mohyal Meeting will be circulated among all the members of the sabha.

Birthdays/ Anniversaries: The names of all the members whose

birthdays/ marriage anniversaries were in the months of Dec, Jan, Feb and Mar were read out and all the members congratulated those present.

Donations: Shri JN Mehta donated Rs. 1100/- on his promotion. Shri BM Bali donated Rs. 500/- on his birthday on 15.03.2015. Mrs. Neeru Datta donated Rs. 500/- on her birthday on 14.03.2015.

The members welcomed Shri Kapil Bali s/o Smt Kanta and Sh OP Bali who is settled in US and attended the meeting for the first time.

The meeting concluded with delicious Jain Lunch in view of Navratra which was co hosted by Mrs. Niti, Sh Vinay Bakshi, Smt Kanta and Shri OP Bali.

B.M. Bali, Vice President
Mob. 9821159764

Ramesh Bali, Secretary
Mob. 9820534204

PASCHIM VIHAR NEW DELHI

Date : 29.03.2015
Venue : R/o Shri N.K. Vaid
Attendance: 24
In Chair : Shri O.P. Chhibber

After the recitation of *Gayatri Mantra*, minutes of the last meeting were read out and confirmed. Shri O.P. Dutta presented the accounts & members were pleased to note that Sabha is having a balance of Rs. 60,000 in the bank. Sh. Shashi Chhibber sought the approval of the house to convert Rs. 50,000/- in Fixed Deposit (for better interest) & the members while approving the same asked Sh. O.P. Dutta to do the needful.

Sad News: The house was informed about the death of Sh. G.L. Dutta 'Josh', & our senior member Sh. M.M. Vaid (family of Sh. Vaid donated Rs. 500/- to sabha). Sh. Dalip Mohan donated Rs.500/- on 1st Barsi of his mother.

Good news: Sh. K.R. Dutta attended the meeting after a gap of few months, he was also congratulated on his 94th birthday. Sh. Sanjeev Dutta (Paschim Puri) donated Rs.500/- on his marriage. Sh. N.K. Vaid donated Rs.500/- on birthday of his son Nishant Vaid, Anita Mehta paid Rs.200/- on Kitty account.

Mela: The president thanked all the members for making the Mela a great success, with special ref. to Shri Om Dutt Bakshi & Sh. V.K. Mehta. The house appreciated Mrs. Mala Vaid & Mrs. Uma Dutta for handling the stage on Mela day & Sh. V.K. Mehta for coordinating their efforts. Dr. V.K. Sharma was thanked for providing his services free at Mela Venue.

Elections: The Secretary requested Volunteers to come forward so that Executive committee can be Re-organized & requested all the members to discuss the same in next meeting.

It was decided to honour our Veteran member Sh. Vishwanath Bali (Dard) a veteran freedom fighter and poet. A suitable date shall be decided by the President.

Sh. Dalip Mohan Volunteered to visit houses of the members, along with some members to increase their participation in monthly meetings. This gesture was welcomed by all & Sh. Dalip was asked to give details in the next meeting.

Members young & old participated in the cultural programme led by the president. In the end members enjoyed the game of Kitty & Lucky draw & the meeting ended with vote of thanks to the Chair and the hosts.

Shashi Chhibber, Secretary
Mob. 9891937491

PANCHKULA

Date : 29.03.2015
Venue : Red Bishop Tourist Resort
Attendance: 51
In Chair : Shri Jawaharlal Bakshi, President

After the recitation of *Gayatri Mantra* and welcome of guests Shri S.C. Datta, Sr. Vice President informed the house that the function was fully sponsored and supported by courtesy of the President.

Sad News: Col Vinay Kumar Chhibber expired on 24.03.2015 after a prolonged illness. *Rasam Kirya* to be held on 03.04.2015 at Ram Mandir. As a mark of respect one minute's silence was observed.

Fresh nominations and other ceremony by 1. Mrs. Monica Chhibber Vice President (Mahila)

2. Mrs. Shashi Mehta Joint Secretary (Mahila) 3. Mrs. Seema Mehta Joint Secretary (Cultural). 4. Shri V.K. Mehta Jt. Secretary.

Shri D.S. Bali Senior Advocate presented his urdu nazam with gusto and Smt. Promodh Dutta (90 years old) another poet presented her Hindi poem which was enjoyed and listened with rapt attention.

Lt.Gen. B.K.N. Chhibber also sang urdu poetry in tarnum which was applauded by the house.

A short game of Tambola was arranged by Mrs. Sunita Bakshi and Mrs Monica Chhibber which was enjoyed by all.

Launching of Synopsis of Mohyal History: Lt. Gen. BKN Chhibber launched copies of the small booklet Synopsis of Mohyal History with its Hindi version Mohyal Praveshka, compiled by Sh. R. T. Mohan. Foreword by Lt. Gen. Chhibber states that there is need to present this well researched version of Mohyal History in suitable formats for various sections of our community. Talented members of our community should attempt to write it in story form for young children, with illustrations. There was very enthusiastic response for the Synopsis. Initiative of the Sabha President, Sh. J. L. Bakshi to get it printed for wide distribution among the community through local sabhas was appreciated.

The meeting concluded with a vote of thanks to the chair and serving of a sumptuous lunch.

J.L. Bakshi, President

PUNE (5th Mohyal Milan)

Date : 01.03.2015
Venue : Khadakwasla
Attendance: 65

Since it was continuously raining and the venue being away from the city, most of the members could reach only by 11:10 instead of the stipulated reaching time of 9:30 am. Sumptuous breakfast & tea were served on arrival. The actual programme started by 11:30 a.m.

Maj Deepak Dutt and the Secretary welcomed all the members from Pune, Mumbai and Navi Mumbai. The function began with the recitation of *Gayatri Mantra* and Mohyal Prarthana led by Mrs. Saloni Datta.

A two minutes' silence was observed to pay homage to Sh. G.L. Datta 'Josh' who recently left for heavenly abode and all our near & dear ones who left us during the last year.

As per our tradition, Mohyal Sabha Pune adopted the theme 'Women Empowerment' during this year's Milan. Sh. Ramesh Bali, Secy Gen, Navi Mumbai Mohyal Sabha, was felicitated by presenting bouquets by Sh. Jeetendra Mohan, President, MS Pune. Mr. Sushan Datta, Mrs. Mamta Datta, Mrs. Soumya Datta & Lt Col Rajeev Bakshi along with his family members were attending for the first time. All of them were welcomed to the Sabha & Milan by Presenting roses by the President, MS Pune.

"HAASA PAO LOKO" - As a Stress buster exercise, the members were asked to enthrall them by loud laughter. Aiming with imaginary bows & arrows at each others, they busted in loud laughs thereafter. This exercise named 'haasa Pao Loko' enthralled the audience.

This year, Mohyal Sabha Pune had planned to have total entertainment but delay in arrival of members as well as continuous rains worst hit the events. No activity could be held outdoors.

Maj Deepak Dutt, Convener of the show, then decided to have some indoor activities and thus planned instantly. Four teams were formed for the activities. In the beginning a game of tambola was played & enjoyed by all. Thereafter, he held three activities namely Mumbai to Pune, wherein people were required to find all destinations in between & it was good to see that everyone was running to all four corners to find out the next destination. The second being the 'Best out of Waste' wherein members were given old newspapers & some accessories to build a bridge which could at least carry a load of one full water bottle. The third one wherein, members were required to recognise the name of the advertisement from the clues pasted on the chart paper.

Thereafter, everyone took a break for the sumptuous lunch.

Post Lunch: Rifle and Pistol shooting were planned post lunch, but it could not be held

due to continuous drizzling. Hence, the judges compiled all the scores of the day by various teams. Although team A led by Adv. Sandeep Bali won, but prizes were given to all the four participating teams. Early bird prizes announced were given to Mr. Sushan Datta & Mrs. Meena Bhimwal. Sh. Jeetendra Datta, Sr. Vice President, MS Pune gave away prizes to Sh. J.V Mohan & Maj Deepak Dutt for their best efforts in organising the Milan.

Contribution: Mohyal Sabha Pune is extremely grateful to all the members for their generous contribution to the Sabha.

- 1) GMS, New Delhi Rs.10000/-
- 2) Sh. Rajeev Chibber Rs.2100
- 3) Sh. Santosh Datta, Patron Rs.5000/-
- 4) Lt Col (Retd) Yatinder Kumar Bhimwal Rs.5100/-
- 5) Sh. J V Mohan, President Rs.2100/-
- 6) Sh. Jeetendra Datta, Sr. Vice President Rs.2100/-
- 7) Sh. Surender Bali, Secy. Rs.5100/-
- 8) Sh. Atul Datta Rs.1000/-
- 9) Sh. Raj Virendra Vaid Rs.1000
- 10) Lt Col Rajeev Bakshi Rs.1100
- 11) Sh. Pankaj Bali Rs.1000/-
- 12) Capt (Retd) G S Bali Rs.2100
- 13) Sh. V K Mohan Rs.500/-
- 14) Sh. Sushan Datta Rs.1100/-
- 15) Maj Deepak Dutt Rs.1100/-

Vote of Thanks: Sh. Jeetendra Datta, Sr. Vice President, MS Pune proposed the vote of thanks. He thanked all the members, specially our brethren from Navi Mumbai & Mumbai, in making this Milan a huge success. The Milan ended with loud shouts of 'Jai Mohyal', followed by tea.

Surender Bali, Secretary
Mob.: 8446005410

SOLAN

Date : 15.03.2015
Venue : R/o Shri K.C. Bali
Attendance : 14
In Chair : Shri M.P. Mohan
President

After the recitation of Mohyal prayer following decisions were taken:

1. Since the Treasurer could not attend the Meeting the presentation of financial Report of the Financial Year 2014-15 was postponed to the next meeting.

2. The House The House disapproved restoration of Entertainment fund @Rs. 50/-per member per meeting and instead resolved to get collections for Mohyal Milan, families get together, Picnic/Tour etc. on the spot as per requirement.

3. The Next Mohyal Milan along with Mohyal children's Talent Show was fixed in the last week of May or 1st week of June, 2015 at some convenient place.

4. The House Directed the Secretary to get printed 'Call Letters' for Meetings of the Sabha from May, 2015 onwards.

5. Sh. J.P.S. Dutta, Patron donated Rs. 1100/- on occasion of wedding of his son Sh. Punit Dutta with Ms. Sunidhi held at Mohan Nagar in Feb. 2015.

6. Sh. Kuldeep Bali donated Rs. 101/- for clearance of Entry Tests of their wards Master Kabir Bali and Ms. Kulpreet Bali (Mehak) for prestigious St. Luke's School, Solan.

7. The House decided to carry out Tour of Mohyal Families to Haridwar and Vrindavan for which the dates and other modalities shall be framed in the next meeting.

The Meeting concluded with Shanti Path and Vote of Thanks to the chair and the host.

Date : 05.04.2015
Venue : R/o Shri M.R. Bali
Attendance : 10
In Chair : Shri M.P. Mohan,
President

After the recitation of Mohyal prayer the house wished best of health to, the host Shri M.R. Bali (92 years).

The Treasurer gave the details of account for the financial year 2014-2015. The house requested him to get the accounts audited before the accounts are operated for financial Year 2015-16.

The house approved the proposal of organising Mohyal Milan in the last week of May, 2015 and the members' preferred venue at Mohan Shakti Heritage at Harad (Salogra)

The house resolved that all the donations by the members in re-

spect of marriages, birthdays, Exam. Results etc. be credited to welfare Head of Account of the sabha.

The House requested the Treasurer to realise annual subscription from the left out members before the next meeting on May 3, 2015.

The Meeting concluded with Shanti Path and a vote of thanks to the chair and the host.

B.N. Bali, Secretary
Mob.: 09816358503

SOUTH ZONE NEW DELHI

Date : 05.04.2015
Venue : The Country Club
Attendance: 32
In Chair : Smt. Ritu Mohan
Hosts : Ms. Ritu Mohan,
Tanu Datt, Anita
Datta, Monica Vaid
& Kusum Bakshi

After the recitation of *Gayatri Mantra*, the President welcomed the guests.

Happy News: The house was apprised by Gp Capt DC Mehta of new arrival of the bundle of joy in his family, as his son & daughter-in-law (Capt Gaurav & Dr. Mamta Dutt) were blessed with a baby doll (Aradhana Dutt) on 29th March, 2015, unique coincidence being that Aradhana shares her birth day with her mother Dr. Mamta. To celebrate the addition of a new member in the family, Smt Kamlesh Mehta the Dadi & Smt Sudesh Vaid, the Nani (who though hails from Navi Mumbai was amidst us, as a honoured guest) donated Rs. 500/- each to the sabha. All present were updated of the fact that Dr. Mamta, Capt Gaurav & Ms Kamlesh celebrated their birthdays on 29th March, 2nd April & 7th April, Gp Capt Mehta donated Rs.1000/- to the sabha in remembrance of the birthdays. The house whilst blessing the new arrival for a long & prosperous life congratulated the parents & grandparents & wished them well.

Smt. Tanu Dutt, the VP and her son Master Paramvir celebrated their birthday's on 17th & 31st March, 2015. Mr. Gautam Datt donated Rs. 1,000/- to the sabha The house conveyed wishes to the adoring pair of mother & son.

Donations/Contributions: Smt. Usha Chhiber, donated Rs. 500

to the sabha in commemoration of her respected mothers, late Nirmala Malla w/o late Raj Narain Malla first death anniversary which happens to be on 12th April, 2015. Her mother left for her heavenly abode last year at Indore. The house joins her in her prayers for the departed soul to rest in peace.

Transaction of Business: The President surprised all present by conveying the desire of the newly constituted EC to honour the elders for having steered the SZ so magnificently over the years that it has left an impeccable imprint/signature on the Mohyal fraternity. The elders were honoured with a beautiful/ thoughtful souvenir in order of their seniority i.e honouring the eldest present first. Thus, the honours commenced with Mr. PL Mehta followed by Mr. Ajay Datta, Gp Capt DC Mehta, Mr. Anup Datta, with Prof. JS Bali, Mr. MM Mehta & Mr. Kapil Dutta being bestowed honour in absentia. Thereafter, the President whilst apprising the house of what transpired at GMS in their meeting held on 08th March, 2015, expressed her happiness on the way President GMS received & extended a warm welcome to her & her team, for which she conveyed her gratitude & indebtedness to the elders of the sabha for having taken this unique initiative. She also, tabled the three issues that were discussed in the open house at GMS meeting (i) Adoption of Mohyal girl for educational purposes (ii) Insufficient donations being received at GMS, which in turn is getting manifested in depletion of funds of GMS, as the management perforce has to take recourse of cross subsidizing the activities. (iii) Difficulties being encountered in self sustenance of Mohyal Mitter, the Pride of Biradri & the only in-house journal of Mohyal fraternity. She thereafter, handed over the floor to Gp Capt DC Mehta with a request to elaborate on the GMS meeting & the abovementioned three issues & to also, solicit views of the members, so that a meaningful & constructive feedback could be conveyed to our apex body.

Gp Capt Mehta, took the opportunity on behalf of the elders & to place on record their gratitude for the very kind & thoughtful gesture of Ms. Ritu & her team, which undoubtedly was appre-

cialable. The reception accorded by GMS to the All Women EC of SZ which coincided with the "International Women Day" was unparalleled & he also, read out the letter from Mohyal Ratan Shri. BD Bali, President, GMS for info of all present, wherein he has assured unconditional support / assistance of GMS to the newly constituted EC of SZ. Whilst laying due emphasis on the generosity & magnanimity depicted by President GMS, inclusive of displaying the picture of the reception accorded on the cover of April MM, for which SZ is grateful to GMS. He also, drew the attention of the house to a letter to GMS from Shri. RT Mohan, a renowned Mohyal, author & historian from Punchkula paying compliments to SZ for its out of box thinking which appears in the April MM. He opined that the GMS was doing a yeoman service by ushering in the concept of adoption of Mohyal girl child for educational purposes for which provisions have since been made by GMS to support 42 girls, hence the need to identify & recommend the deserving girls. Accordingly, he urged upon members of SZ to meaningfully contribute/assist in taking forward the concept of GMS to its logical end. A school of thought emerged if SZ could consider taking on the project akin to GMS. The general consensus being that SZ doesn't have the wherewithal; moreover let us first assist in exhausting the available resource at GMS. As regards augmentation of funds at GMS, after due deliberations, it was unanimously agreed that members may consider contributing / donating money to GMS in commemoration of both happy & sad occasions. By taking recourse to such practices, the funds are bound to witness an upward trend. With regards to making MM self sustainable, the house after due deliberations was of the view that a suggestion be made to GMS to give it a serious thought with regards to the modus operandi of publishing the journal. GMS may consider of accepting advertisements which would go a long in reducing the financial burden on GMS. Retaining the very basic purpose of the journal as being the sole newsletter of the biradri, appropriate nifty griftless could be evolved. Having advertisements would also, offer an ideal platform for

Mohyal entrepreneurs, business houses & professionals running consultation services to spread their wings within the fraternity which would also, contribute in their image building/expanding of horizons. Review of contents by ushering in social engineering (non-political) issues may also, attract / encourage advertisers to patronize MM.

The meeting concluded with a vote of thanks by Shri Ajay Datta to the very gracious hosts for their magnanimity & conducting a good meeting. Gratitude's were also, conveyed to the guests for gracing the meeting, a special mention was made the gen next for attending & their active participations in the deliberations. A sumptuous lunch spread was laid out which the participants cherished & enjoyed it.

Anita Datta, Secretary

YAMUNA NAGAR

Date : 08.03.2015
Venue : Mohyal Bhawan.
In Chair : Shri Vipan Mohan, President

After the recitation of *Gayatri Mantra*, the minutes of last meeting were read out and confirmed.

Sad News: Two minutes silence was observed for the following departed souls:-

1. Ch. G.L. Datta "JOSH" Vice President, GMS.
2. Sh. Inder Pal Chhibber of Yamuna Nagar.
3. Sh. Anand Mehta s/o Sh. Darshan Lal Mehta Yamuna Nagar.
4. Mrs. Manju Mehta w/o Sh. Vipan Chhibber.
5. Shri Ramesh Chander Chhibber of Yamuna Nagar.
6. Smt. Saroj Bala Chhibber w/o Sh. Ramesh Chander Chhibber, Yamuna Nagar.

The President informed the house that Plans of new building of Mohyal Bhawan prepared by Sh. Satish Bali Architect was submitted to Municipal Corporation, Yamuna Nagar and has been approved by them.

The quotations for labour rate was called from the local building contractors. The rate is as follows:-

A. Labour Rate without material Rs.165/- per Sq. Foot.

B. Labour with Material Rs. 1,600/- per Sq. Foot.

The members suggested calling more quotations from contractors. It must be approved by the GMS.

The meeting ended with the recitation of *Shanti Path* and vote of thanks to the Chair.

Vinod Mehta Chhibber
Gen. Secretary

YAMUNA PAAR DELHI

Date : 29.03.2015
Attendance: 25
Venue : Mohyal Bhavan
In Chair : Sh. Vinod Chhibber President

After the recitation of *Gayatri Maantra* and welcoming of guests, minutes of the last meeting were read out and confirmed, unanimously. The President expressed concern regarding decrease in number of members attending monthly meeting.

The General Secretary gave details of last month Report and offered some suggestions regarding development of Mohyal Community along with more number of members to be included in all the meetings in order to make all meetings more useful and creative and with some new fresh ideas for development of our community.

Shri Chandra Mohan Vaid proposed that we can organize a picnic for all Mohyals in Delhi or somewhere nearby, in order to strengthen the bond between all the Mohyals.

Shri Satish Bali suggested that we should personally invite all the elder members of community who are not able to attend meeting.

Shri Anil Vaid suggested that if we want to develop our Yamuna Paar Mohyal Sabha more, then we can improvise or modify our rules and procedures for betterment of our community and increase numbers.

Smt. Urmila Bakshi donated Rs. 1000/- to the local sabha and Rs. 500/- to GMS in remembrance of her son Late Ashok Lau.

Shri S.S. Mohan donated Rs. 1000/- to the local sabha remembering his mother's death.

Smt. Gayatri Vaid for her husband late Shri Jagdish Kumar Vaid donated Rs.500/- to the lo-

cal sabha and Rs.500/- to the GMS.

Shri M.M. Vaid in remembrance of his wife donated Rs.500/- to the local sabha and Rs.500/- to GMS.

The house condoled and observed two minutes' silence in memory of all the mohyals who have expired.

Like every month, this month also Mr. Vinod Bali, Mr. V.S Lau and Mr. Narendra Mohan donated Rs.1000/- each and Mr. R.K. Vaid and Mr. Vinod Chhibber donated Rs.800/- each.

The meeting concluded with a vote of thanks to the Chair and serving of tea and snacks.

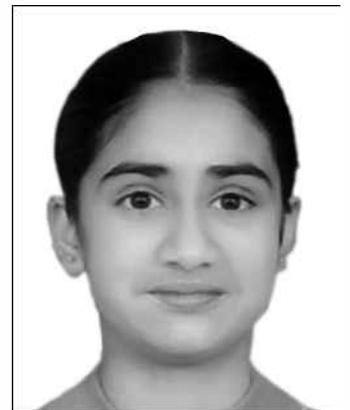
Vinod Bali, General Secretary
 9871819500

Complimentary

Children of Shri Kuldeep Bali, Master Kabir Bali 8th standard



and Ms. Kulpreet Bali (Mehak) 9th Standard topped the Entrance Tests for admission to prestigious



St. Luke's School Solan. The proud father Shri Kuldeep Bali donated Rs.101 to the local Sabha on this happy occasion.

IN BLISSFUL BONDAGE

■ **Varun Dutta weds Shiva:** Varun Dutta son of Smt Prabha Dutta & Shri Jugal Kishore Dutta, tied the auspicious wedding knot with Shiva, daughter of Ajeet of Lakhimpur, Kheri in a glittering ceremony held on 1st Dec 2014 at Vasundhara in a Banquet Hall. Varun Dutta is



grandson of late Smt. Deoki Devi & Late Shri Mahesh Dass Dutta of Mardan (now in Pak), migrated to Sitapur U.P. before partition. Now Shri Jugal Kishore Dutta has shifted from Sitapur to Ghaziabad. All relatives and friends attended the marriage ceremony and showered their blessings on the newly wedded couple.

On this occasion Smt. Prabha Dutta & Shri Jugal Kishore Dutta Plot 621, Indrapuram Ghaziabad, M. 9540126899, donated Rs.500 to the GMS.

7th Marriage Anniversary

■ **Shri Chander Prakash Chhibber & Smt. Richa Chhibber,** celebrated their Seventh Marriage Anniversary on 18 April 2015 at their residence 31B Old Roshanpura Najafgarh, New Delhi. Shri Chander Prakash Chhibber is the son of Smt. Savitri & Shri Shori Lal Chhibber, vill. Kadaga Haripur Hazara Tehsil Abbotabad (now in Pak) and Smt. Richa Chhibber is daughter of Smt. Asha & Shri Ashwani Dutta. They were joined by family members, friends and their young son Master Ishan (5 Years), who showered their blessings and good wishes to the young couple.

The young couple also received blessings from the GMS staff,



which included Shri D.V. Mohan, Secretary General, Lt Col L R Vaid, Secretary, Shri K.G Mohan, Jt. Sec. Finance and the GMS Secretariat Staff in a get-together held on 15th April 2015. On this happy occasion, Shri Chander Prakash Chhibber donated Rs. 501/- towards Education Fund of the GMS.

50th Marriage Anniversary

■ 50th Marriage Anniversary of **Shri Dharam Paul Mehta & Smt. Tripta Mehta,** USA, was



celebrated on 14 March 2015 at Convention Center, Bonnaza Inn in Yuba City, California, with family members and friends. A grand dinner party was arranged with D.J which was enjoyed by all friends and family members. The joyful party resounded with cheers of happy 50th wedding anniversary. On this occasion everyone wished them "Many happy returns of the day". Elders blessed them for healthy, joyful and stressfree life.

On this happy occasion the family donated \$ 100 to the GMS. Tele no 5307552105, 5306802924.

54th Marriage Anniversary

■ **S. Harbans Singh Bali and Sdn Davinder Kaur Bali** celebrated their 40th marriage anniversary on 7th March 2015 at their residence 15238 St No.7, Guru Arjan Dev Nagar (Dholewal) Ludhiana, Mob.09878567057. S.Harbans Singh Bali is the son of Sdn. Nand Kaur Bali and late S. Darshan Singh Bali & Sdn Davinder Kaur Bali is the daughter of late Sdn. Mehtab Kaur Rissam and late S. Thakur Singh Rissam. In the morning hours, prayer made for long and prosperous life of the couple in the Gurudwara Sahib and offered the "Holy Parshad". In the evening after the exchange of Jai Malas, the wedding Anniversary cake was cut by the couple, following by



'Drinks, Dance and Dinner'. It was a grand party attended by relatives, family members and close friends. All enjoyed the occasion and wished the couple a very happy and long long married life.

On this happy occasion the couple donated Rs.250/- to M S Ludhiana and Rs.250/- to the GMS.

MOHYAL ASHRAM HARIDWAR

1. Rooms can be booked one month in advance at Mohyal Ashram Haridwar. On line booking has started wef 01 Jan 2015. Web Site : www.mohyalashramharidwar.in
2. Rooms can be booked on twin sharing basis for a maximum of 3 days. Checkout time is 12 noon.
3. Booking Amount is Rs.300/- per room. The amount will be forfeited if booking is not cancelled at least 48 hrs before booking date. The deposit can be refunded or kept in suspense for two months for future booking if cancellation is done 48 hrs in advance.
4. Bulk booking (more than 3 rooms) can be done only after prior approval of GMS.
5. On line booking facility for rooms in Sewa Sadan, is not available.
6. Consumption of tobacco, liquor and non vegetarian food in the premises of the Ashram is strictly prohibited.
7. Persons in inebriated condition will be denied entry to the Ashram.
8. Guests are requested not to keep the mortal remains (Asthis) of their near and dear ones in their rooms in the Ashram. In order to avoid inconvenience to guests coming from long distances, four lockers have been installed.
9. There is no room service—meals have to be taken in the dining hall.
10. Pets are not allowed in the premises of the Ashram.
11. Guest are requested to bring alongwith them their photo identity—same is required for each occupant of a room.
12. Guests are requested to fill the feedback form before their departure.

The particulars of boys and girls for matrimonial alliance are as furnished by the parties concerned. Parents/guardians are advised to satisfy themselves regarding the correctness of the same. GMS or the Publisher or the Printer or the Editor of the Mohyal Mitter are not responsible for the veracity of the particulars of the boys or girls, in any manner whatsoever.

MATRIMONIALS

(List 16.03.15 to 15.04.15)

BOYS

- 63. Bali.** 07.02.84, 5'-5", fair, and well built, graduate, own business, income 3 lacs p.a. plus, own house at Noida, suitable girl from Delhi/NCR preferred. Contact: Mob: 9810043732.
- 64. Bali.** August 1988, 6'-3", B.Tech (Mechanical), non-drinker, non-smoker, Mariner Engineer in Merchant Navy., package in six figures p.m. Contact: Shri Vinod Bali. Mob: 9888143222.
- 65. Bali.** 06.06.81, 5'-10", wheatish, B.A, PGDCA, M.Sc (IT), Computer Hardware and networking, ITI (Mechanical), working in Steel Industry as Regional sales Officer, salary Approx Rs. 25,000/- p.m. well-educated girl desired. Contact: 01672250037, 9356830037.
- 66. Bali.** 26.06.86, 6'-0", B.Tech (Electronics and Communication), Quality Engineer in MNC in Noida, salary 6 lacs p.a., preference is working girl of same profession or Govt. Job. Contact: 011-28762301, 9999210452, 9818435972.
- 67. Bali.** 01.11.83, 5'-7", fair, working in Delhi, salary 5.5 lac p.a., running own business, own house and shop. Contact: Mob: 9910930469.
- 68. Bhimwal (Manglik),** 12.02.1988, 5'-5", B.Com, Working in reputed Hospital, Contact: 08053492831.
- 69. Bhimwal.** 14.10.86, 5'-9", MBA, working as Manager in Media Industry at Gurgaon, qualified girl desired. Contact: 09761710223, 09411169078.
- 70. Chhibber (Manglik).** 3.7.84, 5'-10", MBA, working in MNC at Bangalore, package 7.5 lacs p.a. Contact: 09896882486, 7022595554.
- 71. Chhibber. (Manglik),** 20.05.86, 5'-11", B.Sc, MBA, smart, good looking handsome. Contact: 09675813144.
- 72. Chhibber.** 08.04.89, 6'-0", handsome, smart, MBA B.Sc (Non Medical), working with Oster Group at Ludhiana. Cont.: 09988158335, 09888490523.
- 73. Chhibber.** 07.12.88, 5'-5", fair, B.Tech (Computer Science), MBA, employed, salary 4.50 lacs p.a + incentives. Qualified & working girl desired. Contact: Mob: 9891937491, 9911137491.
- 74. Chhibber.** 01.11.86, 5'-11", fair, 10+2, basic knowledge in Computer, store clerk with reputed co., salary Rs. 10,000/- p.m. Homely girl desired. Contact: Mob 09729261704.
- 75. Chhibber.** 24.02.72, 5'-3", fair, B.A, working as Supporting Officer to Chairman in Private Organization in Gurgaon, salary 2.5 lacs p.a. Contact: 09213229932, 09953046226.
- 76. Chhibber (Manglik),** 25.07.86, 5'6", B.Tech. Contact: Mob: 07599102680.
- 77. Chhibber.** 30.08.79, 5'-7", B.Com, working as an Accountant, salary Rs. 20,000/- p.m. Contact: 09871009534, 09555462787, 09654111547.
- 78. Chhibber.** 23.05.82, 5'-5", fair, 12th pass, own business, income 30,000/- p.m. Contact: Mob: 9811950614, 29541129.
- 79. Datta.** 17.07.89, 6'-0", fair, slim and smart, Post graduate in Hotel Management from USA, working as Manager in 5star Hotel in Gurgaon. Own house in Delhi. Contact: 9213208577, 9891774432.
- 80. Dutta (Manglik),** 22.04.85, 5'-6", B.Sc, MBA, working in Pharma Company. Contact: Mob: 01732-281740, Mob: 09466784611.
- 81. Dutta.** 25.07.87, 5'-10", MCA, working as Assistant Manager in Nationalized Bank. Contact: 08283815353, 08558845353.
- 82. Datta.** 05.10.76, 5'-7", 12th Driver, salary Rs. 25000/- p.m. Contact: Mob: 9991306944.
- 83. Datt. (Manglik),** 08.09.86, 5'5", 12th, marketing, salary Rs. 15000/- p.m. Contact: Mob: 9991306944.
- 84. Dutta.** 12.09.83, 5'-9", MBA, (Marketing), diploma in Computer Application, working in Adani Willmer Ltd. As Marketing Manager, educated homely girl desired. Contact: 9026498149.
- 85. Datta.** 02.04.84, 5'-10", MPT ORTHO (Physiotherapist), own clinic and electrical business, working girl desired, Delhi/NCR. Contact: Mob: 9810977437.
- 86. Datta. (Anshik Manglik),** 23.07.84, 5'-10", fair, graduate, family business. Contact: Mob: 9910688630, 9891752996.
- 87. Dutta.** 04.10.86, 5'-9", BCA, Microsoft , IT Manager, salary 6 lacs p.a., educated working girl desired. Gurgaon/Delhi/NCR girl desired. Contact: 9899486882.
- 88. Datta.** 20.04.83, 5'-8", fair, handsome, B.Tech (Mech.), Non IIT, working in MNC at Behrein, handsome package Rs. 50 lac p.a. preference NCR. Contact: Mrs. Datta, Mob: 09810809204.
- 89. Datta.** 26 years, 5'-8", M.Tech, fair, working in IT Company. Salary Rs. 6 lac p.a., working and beautiful girl desired. Contact: 9634873224.
- 90. Datta.** 18.10.84, 5'-10", B.Tech (Computers), working as Manager at Ericsson Global India Pvt. Ltd. at Bangalore. Contact: Mob: 9315006789, E-mail: sudhirdatta51@gmail.com.
- 91. Datta.** 23.10.83, 5'-8", B.Com, MBA, Computer Diploma, working as Consultant in HCL Noida, salary 10.9 lacs. Contact: Mob: 9958261892, 9971898692, E-mail: anildutta1983@gmail.com.
- 92. Dutta.** 31.08.87, 5'-8", handsome, fair, diploma in Animation, working at Bangalore, salary 6 lpa. Contact: Mob: 9813447311.
- 93. Datta. (Anshik Manglik),** 08.04.75, 5'-9", B.A Pass, teacher, salary Rs.18,000/- p.m. Contact: 9213286551.
- 94. Dutta.** 21.03.86, 5'-11", MBA, salary Rs. 40,000/- Contact: Mob: 09466451817.
- 95. Dutta.** 19.01.89, 5'-11", C.A, B.Com, (Hons), LLB final year (pursuing), working as Assistant Manager, taxation with a Pvt. Airline in Gurgaon., income 9,20,000/- p.a. Contact: Mob: 09416344370.
- 96. Dutta.** 24.07.86, 5'-9", B.Tech (Mechanical Engineer), working as Engineering Officer in Merchant Navy. Contact: Mob: 9811172084.
- 97. Datta.** 22.06.82, 5'-6", B.Com, (DU), working as Store Manager with Pvt. firm. Suitable match desired. Contact: Mob: 09312265543.
- 98. Datta. (Anshik Manglik),** 26.01.90, 5'-4", B.Tech (Electronics and Communication), working in Bahrin, preferred working girl desired. Contact: Contact: 09785553888.
- 99. Lau.** 25.09.85, 5'-8", fair, handsome, graduate, working, salary 4.48 lacs p.a. working Delhi/NCR girl desired. Early marriage. Cont.: 9871041136.
- 100. Lou (Manglik- Divorcee),** 28.11.80, B.Tech (Electronic & Communication), working as Project Manager at Tech Mahindra Noida, salary 11 lac p.a. working match desired. Contact: Ph: 011-45536553. Mob: 09868829658.
- 101. Mohan.** 17.10.74, 6'-0", teetotaler, own business, own parental house, nice, soft spoken, preferably B.Ed, teacher, working/non working girl desired. No-Dowry. Contact: 9410575758/9760999073, mail:matrisearchddn@gmail.com, Facebook-Id: tarunmohan1974@facebook.com
- 102. Mohan.** 24.12.82, 5'-10", MBA (HR), fair, handsome, slim, smart, convent Asstt. Manager (HR) at Noida, salary 10 lac plus p.a. Contact: Ph: 0562-2481730, 08958665966
- 103. Mohan (Manglik),** 24.7.86, 6'-0", P.G in Textile Designing, working in reputed export house. Contact: 09034455537.
- 104. Vaid.** 23.07.84, 5'-11", Merchant Navy Officer, Contact: Mob: 9999020029. Email: ravivaid1951@gmail.com
- 105. Vaid.** 26.03.79, 5'-6", 12th, Advertising Business, well-settled, independent, salary Rs. 20,000 approx p.m. Contact: Mob 9696901525.
- 106. Vaid.** 24.12.85, 5'-11", MCA, working in MNC, preferred girl should be working, Delhi/NCR desired. Contact: 7206239337.

GIRLS

107. Bali. 06.02.91, 5'-0", BCA & doing MCA, working. Contact: Mob: 9717018268, E-mail: shelsweet06@gmail.com.

108. Bali. 11.03.85, 5'-4", fair, slim, B.A Pass, NTT, Teacher, preferred, professionally qualified and well-settled suitable match desired. Contact: Mob: 9899524005.

109. Bhimwal. 23.06.87, 5'-2", B.A. Contact: 08053824287.

110. Chhibber (Manglik). 24.01.83, 5'-6", MBA (HR), package 4.2 lac p.a. Contact: 09416841247, 09050611161.

111. Chhibber (Manglik). 2.9.89, 5'-6", B.Tech (Computer Science), working in Noida, package 2.5 lac p.a. Contact: Mob: 09896882486, 8930893803.

112. Chhibber. 1985, 5'-4", fair, complexion, IT Engineer, working in MNC at Gurgaon. Contact: Mob: 9958155999, mail: v.k.chhibber123@rediffmail.com.

113. Chhibber (Manglik), 28.06.88, 5'-1", fair, M.Sc. (Chemistry), B.Ed, working, preferred working/business from Punjab/Jammu/Haryana. Contact: Mob: 09888204123, 09215369200.

114. Chhibber (Divorcee). 20.01.81, 5'-6", fair, tall, smart, issueless, central Govt. employee. Contact: 9198996465.

115. Chhibber (Partially Manglik), 06.08.1988, 5'-0", wheatish, M.Com, B.Ed, teetotaler, vegetarian. Contact: Shri L.N. Chhibber. Ph: 0135-2655039 Mob: 09897574929.

116. Datta. 18.02.86, 5'-6", B.A, Fashion Designing, working, boy preferred from Delhi/Pune/Mumbai. Contact: Mob: 8976375376, 9004926664.

117. Dutta. 18.11.92, 5'-7", B.A, B.Ed & pursuing M.A (English) qualified and well-settled match desired. Contact: Mob: 9811454406, 9953306772.

118. Dutta. 23.07.88, 5'-6", M.A, B.Ed, teacher in South Delhi School, salary Rs. 30,000/- p.m. professionally qualified match desired. Contact: 9810053139.

119. Datt. 24 years, 5'-3", elegant cultured, advocate with reputed Law firm. Father prime position in maha-ratana PSU.

Contact: Mob: 09810367789. E-mail: vndatt@yahoo.com.

120. Dutta. 25.10.85, 5'-2", fair, slim, smart residing in Amritsar. Post graduate diploma in Air ticketing. Contact: 09417063831.

121. Dutta. 26.09.75, 5'-3", master in journalism, wheatish, working in Air Delhi on casual base. Contact: 9968767529, 7042860955.

122. Datta (Manglik), 2.11.87, 5'-2", MBBS, pursuing Post Graduation, homely good looking, fair, complexion, qualified well-settled, suitable professional match preferably from medical field desired. Contact: Mob 09871007533 (Delhi).

123. Dutta. 14.04.92, 5'-0", fair, slim, B.A, (Programmer) from Delhi University, 2 years diploma in Fashion Designing, sober boy in Delhi/NCR desired. Contact: 9211956611, 9871619678.

124. Datta. 20.12.91, 5'-5", slim, B.Com, vegetarian, fair, homely girl, well-settled match desired. Contact: Mob: 8192027675, 09808246637.

125. Dutta. 12.07.87, 5'-1", fair, B.Tech (Electronic & Communication), salary Rs.3.7 lac p.a. Contact: Mob: 9838655771.

126. Dutta. 08.10.85, 5'-1", M.Sc (Bio-Chemistry), pursuing PhD, UGC-Net qualified. Contact: Mob: 09465131705.

127. Lau. 22.03.88, 5'-2", fair, B.Com, M.Com, B.Ed & Fashion Designing Diploma. Post-Graduate, working and Teetotaler match desired. Contact: Ph: 01322-723053, 09319318690,

128. Lao (Manglik). 16.04.88, 5'-3", Master in Physiology, doing internship in DDU Hari Nagar, New Delhi. Contact: Ph: 011-28126727, 9810794753.

129. Lau. 21.09.90, 5'-3", fair, attractive, B.Com, (Hons.), (DU), Company Secretary, salary Rs. 4,00,000/- +. Contact: Ph: 011-26566131, Mob: 9868110128, 9910271233.

130. Mohan. 28 years, 5'-2", teetotaler, employed CPA (Certified Public Accountant). Suitable professional, born or raised in USA match desired. Contact: Mob: 303-489-5310, E-mail: NKMohan@Comcast.Net (preferably 7am -9 am, 8 pm to 10 pm IST).

131. Mohan. 22.10.86, 5'-4", BDS, PGCE, and final year of MDS, preference Medico. Contact: Mob: 9839736168.

132. Mohan. 01.02.84, 5'-2", B.Sc, MBA, educated match desired. Contact: 9896064186.

133. Mohan. 20.11.82, 4'-11", fair, pretty, Athletic, LSR Delhi, Graduate Maths (Hons), IIM Lucknow, working in MNC at Mumbai. Contact: 09868947065. E-mail: ypsmohan@gmail.com.

133A. Mohan. 20.11.82, 4'-11", fair, pretty, Athletic, LSR Delhi, Graduate Maths (Hons), IIM Lucknow, working in MNC at Mumbai. Contact: 09868947065. E-mail: ypsmohan@gmail.com.

133B. Mohan. 28 yrs., 5'-2" Employed in CPA (Certified Public Accountant) Teetotaler, well settled & educated family in Colorado USA. Suitable professional match born or raised in USA desired. Contact: 303-489-5310, NKMohan@Comcast.Net

MATCH MAKING GET-TOGETHER

The quarterly match making get-together was held on the 29th March 2015 at the Mohyal Foundation, A-9, Qutab Institutional Area, New Delhi-110067.

The Meeting started with Mohyal Prayer read by Smt. Krishan Lata Chhibber, Secretary (Matrimonial) GMS. She further con-



ducted the proceeding, along with Shri Sushil Kumar Chhibber, Secretary Finance, GMS. Shri Rajiv Chhibber, Smt. Usha Bali, Shri Chander Praksah Chhibber (Computer Patri Milan) about 60 Persons attended the get-together, Bio-data of 10 New Marriageable boys/girls were received. About 15 Parents of old registered boys/girls also attended the match making get-together. The Participants included Allahabad, Bhopal, Dehradun, Ghaziabad, Gurgaon, Faridabad, Meerut, Noida, Saharanpur, Panipat, Panchkula, Laxmi Bai Nagar, Vasundhara, Hauz Khas and other parts of Delhi.

The name from the lists of old/newly registered marriage boys/girls were read out by Shri Sushil Kumar Chhibber and the Participants were allowed to interact amongst themselves, as also to collect information from the list of boys/girls maintained by GMS. On the spot Kundli Milan was carried out, with the help of Computer, in 43 Cases Kundli Milan in 18 Cases was successful. In three old registered case marriage has been solemnized. Light refreshments were served, after which the above Shaadi Durbar Came to a close Shanti Path was read by myself.

Note- The next match-making get-together will be held at 11:00 am to 1:00 pm on Sunday, the 28th June, 2015 at the Mohyal Foundation, New Delhi

—Smt. Krishan Lata Chhibber, Secretary Matrimonial, GMS
Mob: 09968667740, Res: 011-26518522

LANGAR FUND

Mohyal Ashram Haridwar

■ **Shri Surinder Datta**, 402 Shiva Appt Sector-21D, Faridabad, Mob. 9560600526, donated Rs.11000/- towards Langar Fund of Mohyal Ashram Haridwar in memory of his wife **Smt. Subhash Dutta**. **Date of Langar: 21st Feb.**

■ **Chowdhury Brothers**, 85/3 Central Town Jalandhar City, Mob. 09815022309 donated Rs.11000/- towards Langar Fund of Mohyal Ashram Haridwar in memory of their sister **Smt. Sharda Lakhan Pal** wife of **Shri Ram Nath Lakhanpal**. **Date of Langar: 1st June.**

■ **Shri Ravi Lau & Shri Rajan Lau**, B-24 Jangpura Ext. New Delhi, Mob. 9811037892 donated Rs.11000/- towards Langar Fund of Mohyal Ashram Haridwar in memory of their mother **Smt Raj Lau**. **Date of Langar 27 Feb.**

■ **Smt Anita & Shri J.K Dutt**, B-10/7439 Vasant Kunj, New Delhi donated Rs.11000/- towards Langar Fund of Mohyal Ashram Haridwar to commemorate their marriage anniversary. **Date of Langar: 10th Dec.**

■ **Bk Sukhpal Chhibber**, 377 R, Model Town, Ludhiana donated Rs.11000/- towards Langar Fund of Mohyal Ashram Haridwar in memory of his father **Bk. Brahmdas Chhibber**. **Date of Langar: 18 April.**

LANGAR FUND

Mohyal Ashram Vrindavan

■ **Shri Dharam Paul Mehta & Smt. Tripta Mehta**, 1680 Pebble Beach Yuba City CA 95933 USA, donated \$300 towards Langar fund of Mohyal Ashram Vrindavan, in memory of his parents late **Dr. Malik Chand Mehta** and late **Smt Dhanwanti Mehta**. **Date of Langar: 3 May.**

Fondly remembered by- *Shri Dharam Paul Mehta, Smt. Tripta Mehta, Shri David Mehta (son) & Smt. Dolly Mehta (daughter-in-law).*

■ **Shri Vineet & Vikas Chhibber** E-23D Maya Puri, New Delhi donated Rs.11000/- towards Langar Fund of Mohyal Ashram Vrindavan in memory of their grandparents **Smt. & Shri Bhim Sain Datta** of Faridabad. **Date of Langar: 26th June.**

Donation

Smt Achla Mehta daughter of **Shri Afriq Lal Mehta**, F-56 Narayana Vihar, New Delhi, donated 84 Hangers (Steel) to Mohyal Ashram Vrindavan.

Heart touching Story by Dr APJ Abdul Kalam

"When I was a kid, my mom cooked food for us. One night when she had made dinner after a long hard day's work, mom placed a plate of subzi and extremely burnt roti in front of my Dad. I was waiting to see if anyone noticed the burnt roti, but Dad just ate his roti and asked me, how was my day was at school. I don't remember what I told him that night, but I do remember I heard mom apologising to Dad for the burnt roti. And I'll never forget what he said: "Honey I love burnt roti.". Later that night, I went to Daddy and asked him if he really liked his roti burnt. He wrapped me in his arms & said, "Your mom put in a long hard day at work today and she was really tired, and besides a burnt roti never hurts anyone but harsh words do"

"You know beta - life is full of imperfect things and imperfect people. I'm not the best & am hardly good at anything. I forget birthdays & anniversaries just like everyone else. What I've learnt over the years is:

-Accept each others faults & choose to celebrate relationships

- Life is too short to wake up with regrets!

-Love the people who treat you right & have compassion for the ones who don't.!

Appreciate the love you got from your loved ones because it has an expiry date!

by **Shri Ashoke Mehta**
Rourkela, 09778390776

MERIT

NEWS

Activity Report for the Month of March 2015

I. **IGNOU**: The following classes were held in the month of March 2015:

(a) BCA 1st Semester

- (i) BCS-012 – 5 sessions
- (ii) BCS-011 – 6 sessions
- (iii) ECO-01 – 2 sessions
- (iv) FEG-02 – 5 sessions
- (v) BCSL-013 – 5 sessions

(b) BCA 2nd Semester

- (i) MCS-013 – 3 sessions
- (ii) BCSL-021 – 7 sessions

(c) BCA 3rd Semester

- (i) BCS-031 – 5 sessions
- (ii) BCSL-032 – 8 sessions
- (iii) BCSL-034 – 8 sessions

(d) BCA 4th Semester

- (i) BCS-041 – 2 sessions
- (ii) BCS-042 – 1 session
- (iii) BCSL-043 – 8 sessions
- (iv) BCSL-044 – 8 sessions
- (v) BCSL-045 – 5 sessions

(e) BCA 6th Semester

- (i) MCS-022 – 3 sessions
- (ii) BCS-062 – 5 sessions
- (iii) BCSP-064 – 5 sessions
- (iv) BCSL-063 – 5 sessions

(f) MCA 4th Semester

- (i) MCS-041 – 6 sessions
- (ii) MCS-042 – 4 sessions
- (iii) MCS-043 – 3 sessions
- (iv) MCS-044 – 5 sessions

II. Jamia Millia Islamia

(a) CCHNT

- (i) CCH-104 – 5 sessions

- (ii) CCH-114 – 5 sessions

- (iii) CCH-105 – 3 sessions

- (iv) CCH-115 – 3 sessions

III. **TOEFL/GRE**: 5 GRE tests were held in the month of March 2015.

IV. **Pearson VUE**: 39 tests were held in the month of March 2015.

V. **COPA (Computer Operator & Programming Assistant)** under NCVT

- (i) COPA Theory–11 classes

- (ii) COPA Practical–11 classes

VI. A meeting was held at DTTE (HQ) on the 9th April 2015 chaired by Director DTTE, Govt. of Delhi regarding online admissions 2015. Mr. S. Ranganathan, CAO & Ms. Ritika Jasrotia, Principal MERIT Pvt. ITI attended the meeting, where besides matters relating to Online admissions, the procedure for verification of the documents submitted by applicants for the various courses of the NCVT was also discussed.

VII. Admission OPEN

(i) **COPA (Computer Operator & Programming Assistant)**– Online Admission for Vocational Course under NCVT (National Council of Vocational Training) Govt. of India.

(ii) **IGNOU**: Admission opens for July to December 2015 session for BCA and MCA.

SPOT THE LEADER

The brave and wise man, who intends to overcome his foes, must first of all strive to subdue the internal enemies of his own heart and mind, and the members of his own body....

–Yoga Vasishtha

ANTIM YATRA

G.M.S expresses its heartfelt condolences to the bereaved families and prays to God to grant eternal peace to the departed souls and strength to their families to bear with fortitude their irreparable loss.— D.V. Mohan, Secy. General

Smt Manju Chhibber

Smt Manju Chhibber wife of Shri Vipin Chhibber and daughter-in-law of Shri



Satinder Chhibber and Smt Kamlesh Chhibber of Jagadhari expired on 22 Feb 2015 and *kirya* was held on 2 March 2015 at Sadhaura. She was ill since last 6 months. On this sad occasion the family donated Rs.250/- to GMS Widow Fund.

Smt Asha Dutta

Smt Asha Dutta wife of Col. (Dr.) Raj Kumar Dutta expired at 1505 hrs on 13 Mar 2015. They belong to Banga,



Nawansher and are now staying at 1541 Sector 36-D, Chandigarh. They have two daughters Smt Reeta Sharma and Smt Sarita Sharma. Smt Reeta Sharma is married to

Brig Anand Mohan Sharma and they have two daughters Nupur and Neha and both the girls are married. Smt Sarita Sharma is married to Col (Dr.) Bhuvnesh Chand Sharma and they have one son Satyavarat Sharma and two daughters Priyadanshri & Mridubhashani both the girls are married. Col (Dr.) Raj Kumar Dutta 09501002403, donated Rs.5000/- to the GMS in sweet memory of his wife.

Smt. Satya Wati Vaid

Smt. Satya Vaid wife of late Dr. Surinder Nath Vaid (Jammu) and daughter of Dr. Harjas Rai Datta, breathed her last on 2



Mar 2015. She is survived by her son Dr. Krishan Mohan Vaid (USA), son-in-law Vinod Datta (USA) and their respective families. In her heavenly abode, she will be joining her younger sister, Smt. Parkash Mohan who preceded her on 10 February 2015. Dr. Krishna Mohan Vaid has made the following donations—GMS for Langar Fund of Vrindavan Ashram Rs.11000/-. Date of Langar 2 March, Mohyal Sabha Panchkula (Mohyal History Fund) Rs.5000/-, MS Panchkula an additional stipend of Rs.500/- pm. for one year for a widow already receiving normal stipends from GMS and MS Panchkula Rs.6000/-, Continued addi-

tional stipend of Rs.500/- p.m for the said widow for the second year, amount donated by Smt. Suraksha Mehta in loving memory of her sister Satya Vaid Rs.6000/-. In addition Dr. Surinder P Dutta & Smt Carole A Datta of 3404 Bobwhite Lane West Plain MO USA donated Rs.31000/- towards GMS Widow Fund in memory his sister.

Smt. Usha Vaid (16.01.1953-20.03.2015)

Smt.Usha Vaid wife of Shri Suresh Vaid of Yamuna Nagar,

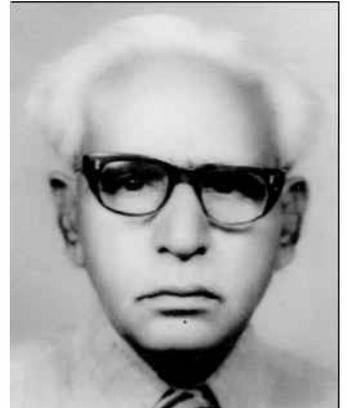


left for her heavenly abode, on the 20th March 2015. She was daughter in law of Late Smt. & Shri Ram Kishan Vaid & Smt.Chand Rani Vaid of Jalal Pur Jatta, Distt. Gujarat (now in Pak). She was the daughter of Late Smt & Shri Daulat Ram Bakshi & Smt. Shanti Devi of Rawalpindi (now in Pak). She was an affectionate mother, pious and kind hearted lady, always ready to help the poor and the destitute. She is survived by two sons Shri Nikhil Vaid & Daughter in law Smt Arti Vaid & Shri Kashish Vaid & Daughter in law Smt. Ankita Vaid. On this occasion, the Vaid family donated Rs.500/- each to GMS & MS, Jagadhri Workshop.

IN MEMORIAM

■ **Ch. Manohar Singh Dutta:** 29th death anniversary of Ch. Manohar Singh Dutta was observed on 25 Dec 2014 at their residence 145-A Shakti Khand -II Indrapuram, Ghaziabad. All the family members and relatives performed the Havana and paid floral tributes

Ch. Manohar Singh Dutta was the son of great agriculturist



late Shri Natha Singh of Zaffarwal (now in Pak) and was married to the daughter of late Shri Brij Lal Chhibber and Smt Bhagwanti Devi in 1937. He was an agriculturist and a Industrialist, but foremost, he was the social worker of the downtrodden and was a religious minded person. He served as a President MS Yamuna Paar for many years and also served as Jt. Secretary in the Annual Conference of All India Bramhrishi Prishad, Rajgir, Bihar in 1981. He was a man of courage and determination. He made all efforts to achieve what he considered was in the interest of the society. His sons Ajit Singh Dutta and Surinder Singh Dutta donated Rs.501/- to GMS Widow Fund Trust in his fond memory.

■ **Smt Krishna Bakshi:** To commemorate the Fifteenth death anniversary of Mrs. Krishna



Bakshi, wife of late Col Surinder Nath Chhibber Bakshi, prayers and offerings were made at the local temple on 18 March 2015. Smt. Krishna Bakshi was the great-

grand daughter of Rzd. Jog Dhyan Bali, the founder President of Mohyal Sabha and the daughter of Bakshi Salig Ram Vaid. She was the daughter-in-law of Rai Bahadur Bakshi Harbans Lal Chhibber of Bhera.

Col S.N.C Bakshi had contributed a sum of Rs.11000/- towards the Mohyal Ashram Hardwar Langar Fund in the ever-lasting memory of his wife and had instituted a trust named "Mrs. Krishna Bakshi Memorial Education Trust" for the promotion of higher education in the Mohyal Community. Following the sad demise of Col S.N.C Bakshi on 5 January 2012, his children have renamed the trust as Mrs. Krishna Bakshi and Col S.N.C Bakshi Memorial Education Trust, in loving reverence to their parents. On the occasion of Mrs. Krishna Bakshi's Fifteenth death anniversary, her daughter Mrs. Anita Datt has donated Rs.1100/- towards "Mrs. Krishna Bakshi and Col S.N.C Bakshi Memorial Education Trust", in continuation of the altruistic tradition by her father.

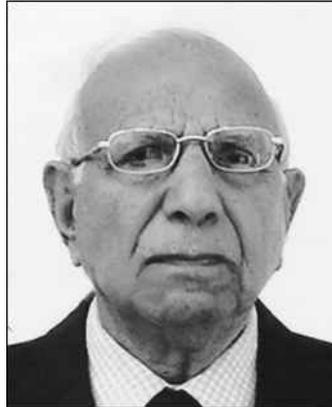
■ **Smt. Kaushaliya Devi Dutta:** Smt. Kaushaliya Devi Dutta, wife of late Mehta Onkar Dutta



of Varanasi, left for her heavenly abode on 03 April 2014 at Varanasi. Her second death anniversary was observed on 03 Apr 2015. She was the mother Smt. Krishan Lata Chhibber, Secretary (Matrimonial) GMS, Smt. Kusum Mehta Chhibber, Smt. Swarn Lata Chhibber of Delhi, Smt. Diviya Mehta (Bhimwal) of Karnal and Shri B.P. Dutta (son). She was remembered by relatives & friends who paid their tributes

to the noble soul. Smt. Krishan Lata Chhibber & Shri Sushil Chhibber, C-80, Niti Bagh, New Delhi donated Rs.500/- towards the GMS Widow Fund in her fond memory.

■ **Mehta Om Prakash Mohan:** The 3rd Punya thithi of Mehta Om Prakash Mohan husband of late Smt. Chanderkanta Mohan, son of late Shri Mehta Malik Ram Mohan Patwari &



late Smt. Ram Rakhi Mohan of Dehryala Jalab, Jhelum & Pind-Daden-Khan (now in Pak.) and son-in-law of late Shri K.M. Bali Police Inspector Haryana and late Smt. Prem Kumari Bali, 50 Ambica Vihar, Paschim Vihar, New Delhi, was observed by the family on 21 March 2015 at their residence. On this occasion Havan Pooja as per Arya Samaj traditions was performed.

Deeply remembered by son Shri Dalip Mohan, daughter Smt. Mehta Kamini Sharma, son-in-laws Shri Surinder Kumar Datta & Shri Mukesh Sharma, grand children Shri. Chakshu Datta, Ms. Chaitali, Dr. Pankhuri Sharma, Shri Pallav Sharma, brother-in-laws, Shri. R.D. Bali Chief Engr, John Okay & Shri H.D. Bali. All members of his family pray to almighty God, to bless his divine and noble soul forever. On this occasion Shri Dalip Mohan, donated Rs.500 to MS Paschim Vihar and Rs.1000/- to the GMS for Vrindavan Ashram.

■ **Maj. R.C. Datta:** 4th death anniversary of Maj. R.C. Datta (13 Sep 1917-30 March 2011) of Fatehpur, Kanjgur Dattan, Tehsil Shakargarh (now in Pak) was observed on 30 March 2015. On this solemn occasion

and everlasting memories of her husband, his wife Smt



Pramod Datta, 1171, Sector-7 Panchkula 09464837364, donated Rs.15000/- to the GMS to be added to the already existing Trust Maj. R.C. Datta Education Fund Trust. Maj. R.C Datta is always fondly remembered for his loving and caring nature by his son Shri Rakesh Datta, daughter in law Smt. Neena Datta and his grandson Shri Raghvendra Datta.

■ **Ms. Sonia Datta:** In fond memory of her daughter, Ms. Sonia Datta (22.09.1970-06.04.2006), her parents Smt. Sneha Datta & Shri Dev Datta DX-31 Kendriya Vihar, Sector-56 Gurgaon, donated Rs.1100



towards the GMS Widow Fund on her 9th death anniversary, which falls on 6th April 2015 .She is also fondly remembered by Shobhna and Jay (sister & brother-in-law), Vivek and Ruchi (brother & sister-in-law) and Vishal and Neetu (brother & sister-in-law).

■ **Col. Kamal Kant Mehta:** 75th birth anniversary of Col. Kamal Kant Mehta was observed on 1st Feb 2015, at Sai Mandir

Kuala Lumpur Malaysia, by his daughter Smt. Ruchita who is working with Standard Chartered Bank Malaysia as head AML & Customer Care. She has donated Rs.5000/- to the GMS through her mother Smt



Shashi Mehta 291 Sector 21, Noida, in fond memory of her father.

■ **Mehta Vishwa Nath Datta & Smt Raj Rani Datta:** Shri Brij



Gopal Datta, 73 Aditya Avenue Airport Road Bhopal, donated Rs.1100/- to the GMS to be added to Smt Raj Rani Datta and Mehta Vishwa Nath Datta Education Fund Trust, in memory of his parents Shri Mehta Vishwa Nath Datta (Father) on his 42nd death anniversary on 16th March 2015 , and Smt. Raj Rani Datta (Mother) on her 14th death anniversary on 21st Jan 2015. 42 years ago on 16 March 1973 and 14 years ago on 21st Jan 2001, God intervened and took both of you away from us. Your principles and values will continue to guide us. We Need your blessings today, tomorrow and always. Fondly remembered by sons Shri Madan Gopal Datta and Shri Brij Gopal Datta and daughter Smt Malti Chhibber.

■ **Smt. Kamlesh Datta:** Shri Ramesh Datta (President MS Faridabad) and Smt. Suman Datta donated Rs. 22000/- at Vatsalya Gram and Rs.1100/- for Mohyal Ashram Vrindavan in the loving memory of their



mother, late Smt. Kamlesh Datta, wife of late Shri Des Raj Datta who passed away on 30 March 2014. She was a pious, god fearing lady who was the binding force for the Datta family. She had inculcated high moral values among the members of the family. Being the eldest in the family she had the key to all complications in life and was a guiding star for the family. She had nourished the family tree with her love, care and wisdom. Under the shade of the tree that she had grown, now grows boundless love, respect and dutifulness for the community. It is your blessings which have allowed the family to flourish. We all had and will love you forever.

Fondly remembered by *Shri Ramesh Datta and Smt. Suman Datta (Son and Daughter in law), Smt. Uma Vaid (daughter), Shri Dhruv Datta, Shri Subhash Vaid, Shri Subhodh Vaid (Grandsons) and Advitya Mehta Chhibber (great grandson) and all family members.*

■ **Smt. Bimla Vaid:** Smt. Bimla Vaid left for her heavenly abode on 5 May 1991. Smt Bimla Vaid daughter of Shri Balwant Rai Bali and Smt. Durga Rani Bali of Saharanpur (U.P.) married Shri Ramesh Vaid son of Shri Naranjan Dass Vaid of Vill Seemla (Barara) Distt Ambala on 5 May 1966. She leaves behind her husband, two daughters and a



son. We know for certain that we have never lost you even to death. As you continue to participate in every act and never forget to bless the family and walk beside us everyday unseen, unheard but always near, still loved. In her fond memory the family donated of Rs. 11000/- on her 24th death anniversary towards Langar Fund of Mohyal Ashram Haridwar. Date of Langar 05 May.

Remembering you always—Ramesh Vaid (husband), Anjana Mishra (daughter), Rajni Dutta (daughter), Naveen Vaid (son), Deepti Vaid (daughter-in law), Soha & Supriya (Poti), Sandeep Mishra & Jai Raj Dutta (son-in-law), Aakash, Diksha, Varun (Dotte's & Dotti's). The family is ever grateful to Smt. Kamlesh Bali, Vice Principal (Retd.) sister of late Smt Bimla Vaid who always remains with the family giving us strength and tremendous moral support.

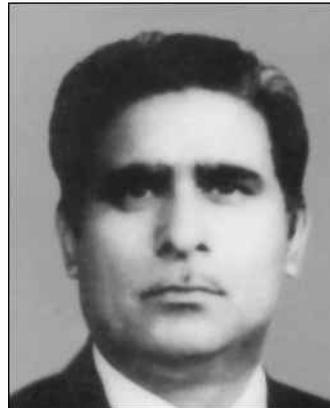
■ **Smt Asha Dutta:** Shri B.K. Baskhi son of late Shri Hem



Raj Bakshi (Toronto- Canada), donated Rs.5000/ to the GMS in sweet and loving memory of

his late sister Smt Asha Dutta (28 Oct 1940 to 4 Apr 2013), wife of Shri Nand Kishore Vikram on her second death anniversary, as an add on to the existing trust of Smt Asha Dutta Education Trust.

■ **Shri Brij Mohan Mehta (Vaid):** 22nd death anniversary of Shri Brij Mohan Mehta (Vaid) son of Mehta Ishar Das Vaid of Jalalpur Jattan (now in Pak), G-35 Pushkar Enclave



Paschim Vihar, New Delhi was observed by the family on the 2nd Mar 2015 with fond remembrances and wet eyes.

On this occasion his wife, Smt. Suraksha Mehta, 502 Dahlia Block Amrawati Enclave Panchkula, donated Rs.5000 to the GMS as an add on to the existing trust "Brij Mohan Mehta (Vaid) and Suraksha Mehta Education Trust".

■ **Smt. Kamla Devi Bali:** 1st death anniversary of Smt.



Kamla Devi Bali wife of late Shri Krishan Lal Bali of Modern Colony, Yamuna Nagar was observed on date 6th March 2015.

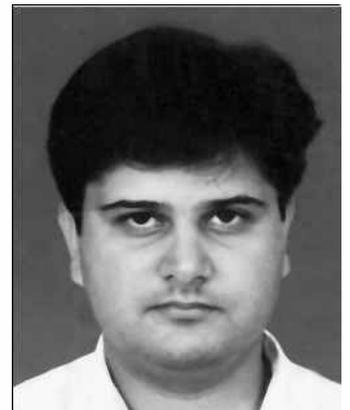
She was the daughter of Late Shri Daulat Ram Vaid & Smt

Gian Devi & elder sister of Shri Surinder Kumar Vaid & Late Shri Vinod Mehta of Yamuna Nagar. She was an affectionate mother, pious and kind hearted lady, always ready to help the poor and the destitute. She will always be present among us to inspire us in all our endeavors.

Deeply remembered by: Om Parkash Bali & daughter-in-law Arun Bali, Gautam Bali & Daughter-in-law Bela Bali, Sat Pal Bali & daughter-in-law Manju Bali and daughter Kiran Chhibber & Rajiv Chhibber of Ludhiana & Grandson Manoj Bali & Granddaughter Meenakshi Bali & (parpota) family star Master Shivansh. On this occasion, the Bali Family donated Rs.500/- to GMS/NDLS.

NEW TRUST

■ **Smt. Chander Kanta Bali,** B-1, Harsh Apartments, School Road, Peera Garhi, New Delhi



has opened a trust with the GMS in the name of "Kamal Bali Memorial Education Trust" with an initial amount of Rs.5100/-.

■ **Shri Raghuwanshi Lal Vaid & Smt Shakuntla Vaid,** 5J35A NIT Faridabad opened a New Widow Fund Trust in the name of "Shri Thakur Dass ji, Shri Shiv Lal ji, Smt Kulwanti Devi ji and Smt Parwati Devi ji" for Rs.5000/-.

Addition to Trust

■ **Col K.K. Mehta (Retd.)** 9811006745, 111, MIG Flats, Prasad Nagar-I, New Delhi donated Rs.5000/- to the GMS to be added to "Shri L.R. Mehta & Krishna Wanti Mehta Widow Fund Trust".

MEDICINAL VALUE OF SPICES

You all are well aware of Kitchen Masalas known as Indian Medicines available with every women in her kitchen.

This all information is not only known to you but is also available not only in books but also in the experience of our old “Dadi Maa”. For complete well being one should integrate Physically, Mentally, & Spiritually health “**to be healthy should be the ultimate goal for all**”. It is known that spices were some of the most valuable items of trade in the ancient & medievale world as they have being a part of healing remedies for centuries.

Recently, modern medicines has begun to study the powers of spices and validates several useful properties.

Some are found to be very useful for the **Heart** hence I thought it so to reach all of you and share whatever the information is received.

CORIANDER SEEDS (Dhaniya Ka Beej)

Coriander sees are rich in two main compounds ‘**linaloon and decanoic acid**’. It has a long been known or its cholesterol lowering and blood sugar lowering effects. For therapeutic benefits, a teaspoon or two of coriander seeds soaked overnight and consumed the next morning seems to be useful in **dealing with heart disease and diabetes**.

TURMERIC (Haldi)

Turmeric or haldi, often referred as Indian Gold, is well known as a spice and medicine in Siddha and Ayurveda. The benefits for heart health arise from ‘**curcumin**’, an active principle which has several properties **including anti-oxidant, anti-clotting, anti-inflammatory and anti-proliferative**.

BLACK PEPPER (Kali Mirch)

‘**Piperine**’, a major active component in both black and white pepper has numerous reported physiological and drug-like actions. Several scientific studies provide evidence that black pepper has cholesterol lowering properties and may help in cardiac function recovery after heart attacks. A word of caution; piperine can strengthen or modify the effects of numerous other medicines.

CINNAMON (Dal Chini)

Curculatory stimulant effects of cinnamon have been reported in several books on medicinal plants and Ayurveda. **It helps in reduction of total and bad cholesterol (LDL) and helps increase good cholesterol**

(HDL). It also helps to improve insulin resistance, thereby making it useful in diabetes management. While cinnamon too is integral to the spice box, added benefit can be obtained by making a decoction and consuming it like tea.

FENUGREEK SEEDS (Methi Ka Beej)

Fenugreek seeds or methi have been used extensively for extracts and powders for medicinal uses since ancient times and have been described in Greek, Latin and Ayurvedic literature. Fenugreek seed power has been known **to lower levels of serum lipids such as total cholesterol and triglycerides**.

BLACK CUMIN SEEDS (Kala Jeera)

Black cumin seeds, also known as kalonji or black caraway, should not be confused with the herb cumin. A recent study (2009) revealed that black cumin seeds have a diversified effect on lipid profile. It was found to have a significant impact in lowering total and bad cholesterol. Presence of phytosterols further strengthens its benefits.

GINGER (Adrak)

Ginger traditionally has been used in Chinese, Ayurvedic and Yunani medicines. It is well known for its use in ailments such as sore throats, cramps, pains, arthritis, indigestion, vomiting and high blood pressure. The bioactive compounds in ginger include ‘**gingerol**’, which is believed to relax blood vessels, stimulate blood flow and relieve pain. Ginger is also a good anti-inflammatory agent.

GARLIC (Lahsuun)

Hippocrates, the Father of Modern Medicine, and the first Indian Physician Charak, the Father of Ayurvedic medicine, said garlic acts as a heart tonic by maintaining the fluidity of blood and strengthening the heart. ‘**Allicin**’, a sulfur-containing compound is one of the key components of garlic. It is known for its cholesterol lowering, anti-clotting and blood pressure-lowering properties.

The Gita presents some of the most important truths of human existence in a language that is clear, memorable, and charged with emotion. It is a poem, of course, and not a systematic manual. Its method is not linear but circular and descriptive. It returns to its central point—letting go of the fruits of action—again and again, addressing not only superior students but also the great majority, who are spiritually unfocused and slow to grasp the point.

—Stephen Mitchell

DONATIONS RECEIVED BY GMS IN FEBRUARY, 2015

| Sr.No. | Name of Donor | Address | Amount |
|-------------------------------------|--------------------------------|---|--------|
| Education Fund Account | | | |
| 1. | Dr. Meenakshi Dutta | 57, New Raja Park, Shanti Path, Jaipur. | 1100 |
| 2. | Mehta Vishwa Mitter Bhimwal | H.No.1172, Sector-18C, Chandigarh-160018. | 500 |
| 3. | Shri Prem Pal Datta | C/o Mohyal Sabha, Abohar, Punjab. | 500 |
| 4. | Smt. Bimla Mehta | C/o Vishwa Mitter Bhimwal, H.No.1172, Sec.18C, Chandigarh. | 500 |
| 5. | Smt. Bimla Mehta Bhimwal | C/o Vishwa Mitter Bhimwal, H.No.1172, Sec.18C, Chandigarh. | 500 |
| 6. | Smt. Kamla Dutt | 94-B, DDA Flats, Vikrant Enclave, Mayapuri, New Delhi-110064. | 500 |
| 7. | Shri Rajinder K. Chhibber | C/o Sh. Ashok Chhibber, Mehrauli, New Delhi-110030. | 251 |
| 8. | Shri Harish Kumar Vaid | 1340, Modern Colony, ITI, Yamuna Nagar, Haryana. | 251 |
| 9. | Shri Narendra Lau | P-36-C, Bihari Colony, Shahdra, Delhi-110032. | 250 |
| 10. | Shri Rattan Dutta | 7/210, Farsh Bazar, Shahdra, Delhi-110032. | 200 |
| Education Fund Trust Account | | | |
| 1. | Capt. Satish Chander Mehta | 257-A, SFS Flats, Phase-4, Ashok Vihar, Delhi-110052. | 25000 |
| 2. | Shri S.N. Dutta | 8/11, Kalka Ji Extension, New Delhi-110019. | 10000 |
| 3. | Smt. Darshan Bakshi | 74, Shakespere Sarni Kolkata, West Bengal. | 5500 |
| 4. | Shri O.P. Mohan | 191, Sector-21A, Faridabad, Haryana. | 5100 |
| 5. | Shri R.K. Chhibber | H.No.230, Sector-32A, Chandigarh-160030 UT. | 5100 |
| 6. | Smt. Anita Bali | WZ-39, Plot No.72, Vishnu Garden, New Delhi-110018. | 5100 |
| 7. | Shri P.C. Lau | C-2C/2/48, Janakpuri, New Delhi-110058. | 5000 |
| 8. | Shri Satish K. Bakshi Chhibber | D-420, Defence Colony, New Delhi-110024. | 1100 |
| 9. | Smt. Kamla Bakshi | EA-131, Inderpuri, New Delhi-110012. | 500 |
| Haridwar Langar Fund | | | |
| 1. | Bakshi Family | C/o Dr. H.C. Bakshi, 134-D, New Rajinder Nagar, New Delhi-110060. | 11000 |
| 2. | Dr. Meenakshi Dutta | 57, New Raja Park, Shanti Path, Jaipur (Rajasthan). | 11000 |
| 3. | Shri S.K. Mehta | C/o Mohyal Sabha, West Zone, New Delhi-110018. | 11000 |
| 4. | Smt. Kamlesh Bakshi | 124, Golf Course Scheme, Jodhpur, Rajasthan. | 11000 |
| 5. | Smt. Kamlesh Bali | 317P, Sector-22A, Gurgaon, Haryana. | 11000 |
| 6. | Smt. Swantantra Maria | B-532, New Friends Colony, New Delhi-110025. | 11000 |
| Relief Fund Trust Account | | | |
| 1. | Shri S.K. Bakshi | 120/164, Silver Oaks Apts., DLF Qutab Enclave, Gurgaon. | 3000 |
| Sabha Fund Account | | | |
| 1. | Shri Krishan Baldev Datta | Vill. Ganda Singh Wala, Amritsar, Punjab. | 5000 |
| 2. | Shri Pawan Bali | H.No. 697, Sector-9, Urban Estate, Gurgaon. | 2100 |
| 3. | Shri Satish Kumar Datta | B-7, Extension/112-C, Safdarjung, Enclave, New Delhi. | 1100 |
| 4. | Shri Balwant Rai Mehta | C/o Mohyal Sabha, Khanna, Punjab. | 1000 |
| 5. | Smt. Darshan Bakshi | 74, Shakespere Sarni, Kolkata. | 1000 |
| 6. | Shri A.N. Dutta | C/o Mohyal Sabha, Paonta Sahib, H.P. | 501 |
| 7. | Shri Sher Jang Bali | 30, Risal Vihar, Kanganheri Road, Chhawla Extn. New Delhi-110071. | 501 |
| 8. | Bali Family | 665/5, Mehrauli, New Delhi-110030. | 500 |
| 9. | Shri K.R. Datta | GH/14-860, Paschim Vihar, New Delhi-110063. | 500 |
| 10. | Bali Family | C/o Mohyal Sabha, Jammu, J&K. | 251 |
| 11. | Shri Arun Chhibber | C/o Mohyal Sabha, Paonta Sahib, H.P. | 251 |
| 12. | Shri D.D. Bali | C/o Mohyal Sabha, Khamaria, M.P. | 250 |
| 13. | Shri Deepak Datta | C/o Mohyal Sabha, Ambala City, Haryana. | 250 |

| Sr.No. | Name of Donor | Address | Amount |
|---------------------------------|-------------------------------------|---|---------------|
| 14. | Shri K.R. Dutta | GH/14-860, Paschim Vihar, New Delhi-110063. | 250 |
| 15. | Smt. Naresh Kumari Mohan | 5/27, Vikas Nagar, Lucknow, U.P | 250 |
| 16. | Smt. Adarsh Bali | H-1/2, Hauz Khas, New Delhi-110016. | 210 |
| 17. | Shri A.S. Bali | C/o Mohyal Sabha, Naraingarh, Haryana. | 200 |
| 18. | Shri Abhi Datta | 982, Urban Estate, Sector-9, Ambala City. | 200 |
| 19. | Shri Dalip Mohan | 50, Ambica Vihar, Paschim Vihar, New Delhi. | 200 |
| 20. | Shri Rajesh Bali | C/o Mohyal Sabha, Dehradun, Uttarakhand. | 200 |
| 21. | Shri Satish Chand Bakshi | C/o Mohyal Sabha, Janakpuri, New Delhi-110058. | 151 |
| Sabha Fund Trust Account | | | |
| 1. | Shri Ramesh Pratap Chhibber | A-2/62, Varun Apts., Sector-9, Rohini, Delhi-110085. | 5000 |
| 2. | Smt. Pushpa Bakshi | 17, Sneha Nagar, P. Balu Marg, Prabhadevi, Mumbai. | 1000 |
| Vrindavan Fund Account | | | |
| 1. | Shri Ashwani Mehta Chhibber | CA-38C, Hari Nagar, New Delhi-110064. | 500 |
| Vrindavan Langar Fund | | | |
| 1. | Shri Ramesh Datta | 5K/85, NIT, Faridabad, Haryana. | 11000 |
| 2. | Shri Ramesh Datta | 5K/85, NIT, Faridabad, Haryana. | 11000 |
| 3. | Shri Vijay Kumar Datta | 621-A, Royal Shipra Sunciaty, Indrapuram, Ghaziabad. | 11000 |
| 4. | Smt. Priya Bala Datta | C/o Mohyal Sabha, Faridabad, Haryana. | 11000 |
| Widow Fund Account | | | |
| 1. | Smt. Madhu Vaid | 21, Sharda Apts., West Enclave, Pitampura, Delhi-110034. | 3100 |
| 2. | Dr. Meenakshi Dutta | 57, New Raja Park, Shanti Path, Jaipur-302004. | 1100 |
| 3. | Shri Parveen Bali & Smt. Meenu Bali | Resham Ghar Colony, Jammu Tawi, J&K-180001. | 501 |
| 4. | Prof. V.K. Datta | 159, Lajpat Nagar, Jalandhar City, Punjab-144001. | 500 |
| 5. | Prof. V.K. Datta | 159, Lajpat Nagar, Jalandhar City, Punjab-144001. | 500 |
| 6. | Smt. Usha Bali | M-86, Gali No.5, Najafgarh, New Delhi-110043. | 500 |
| 7. | Shri Amit Datta | C/o Sh. Satpal Datta, 1426 B-VI, Modern Colony, Yamuna Nagar. | 201 |
| 8. | Shri Durga Dass Lau | H.No. 325, Sector-3, Ajeet Nagar, Rani Bagh, Jammu, J&K. | 201 |
| Widow Fund Trust Account | | | |
| 1. | Capt. Satish Chander Mehta | 257-A, SFS Flats, Phase-4, Ashok Vihar, Delhi-110052. | 25000 |
| 2. | Shri O.P. Datta | 19, Finans Close, UX-Bridge, Middlesex UK | 19000 |
| 3. | Smt. Darshan Bakshi | 74, Shakespere Sarni, Kolkata. | 5500 |
| 4. | Bk. B.L. Chhibber | B-33-B, Pocket-B, Sidhartha Extension, New Delhi-110014. | 5000 |

MATERIAL FOR PUBLICATION IN MOHYAL MITTER

1. It is requested that material for publication in Mohyal Mitter be sent only by e-mail or typed in double spacing. Hand written copies will not be accepted since they are illegible.
2. Request be brief — matter sent should not exceed half page/250 words.
3. Photographs sent should be clear and sharp. Reference to old published photographs should not be done.
4. Giving Contact details (name, tele number, address) of sender of the material is a must.
5. Material to be published should reach the GMS Office by 15th of each month.

THANKS

—Chief Editor MM

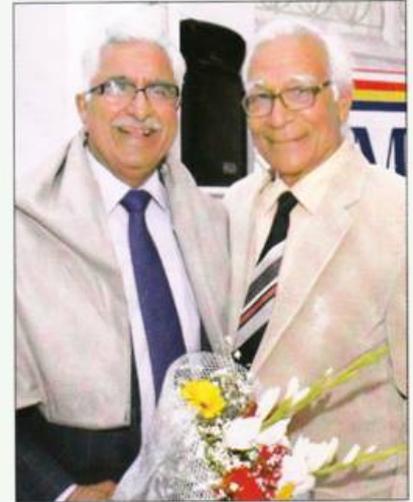
MOHYAL MILAN MELA, MOHYAL SABHA GURGAON 5 April 2015

Lt Gen B K N Chhibber PVSM, AVSM, VSM, former Governor of Punjab, was the Chief Guest





मोहयाल मित्र



Mohyal Mela, MS Paschim Vihar 22 Feb 2015. Shri P K Dutta was the Chief Guest



MS Jagadhri Workshop celebrated their Raising day 12 April 2015



MS Pune celebrated 5th Mohyal Milan 1 March 2015



MS Agra monthly meeting 5 April 2015



MS Janakpuri celebrated Ram Navami 29 March 2015